Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Gweithio gyda 'Chydymffurfiaeth Gudd' (Disguised Compliance) (Lefel 3) Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D. Wedi'i hwyluso gan **Ruth Pearson**	• Hwyluso trafodaethau a mynd i'r afael â phryderon ynglŷn â gweithio gyda theuluoedd sy'n cydymffurfio'n rhannol neu'n camarwain asiantaethau'n fwriadol • Ystyried y gwersi rydyn ni'n eu dysgu o arferion, gwaith ymchwil ac Adolygiadau Achos Difrifol/Ymarfer Plant ynghylch y goblygiadau o ran y gwaith i ddiogelu plant yn y teuluoedd yma • Deall yn well patrymau o ymddygiad sy'n nodi twyll a risg • Cynyddu'r gallu i asesu'r risg i blant sy'n byw mewn teuluoedd lle gallen nhw fod wedi'u cuddio o olwg gweithwyr proffesiynol • Datblygu sgiliau er mwyn nodi achosion o osgoi a chamliwio bwriadol, a'u herio	**Facilitated via ZOOM** 28.11.23 9.30am – 3.30pm or 22.02.24 9.30am – 3.30pm
Working with Disguised or Non-Effective Compliance (Safeguarding Level 3) This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners. Facilitated by **Ruth Pearson**	• To facilitate discussion and address concerns about working with families who are partially compliant or deliberately mislead agencies • To consider lessons from practice, research and Serious Case/Child Practice Reviews regarding the implications for work to safeguard children in these families • To gain further understanding of patterns of behaviour that indicate deception and risk • To increase ability to assess risk to children living in families where they may be hidden from professional view • To develop skills to identify and challenge deliberate avoidance and misrepresentation	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Child Protection Conference and Core Groups CYNADLEDDAU AMDDIFFYN PLANT – diwrnod 1 Nod: Archwilio'r ffactorau sy'n ffurfio arfer gorau wrth baratoi ar gyfer Cynadleddau Amddiffyn Plant a chymryd rhan ynddyn nhw. GRWPIAU CRAIDD – diwrnod 2 Nod: Archwilio arfer gorau wrth weithredu grwpiau craidd a chynllunio amddiffyn plant. (Lefel 4) Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D. Wedi'i hwyluso gan **Jan Little**	• Meithrin dealltwriaeth o weithdrefnau Diogelu Cymru gan eu bod nhw'n berthnasol i Gynadleddau Amddiffyn Plant a Grwpiau Craidd. • Meithrin gwybodaeth a sgiliau wrth baratoi adroddiadau ar gyfer Cynhadledd Amddiffyn Plant. • Meithrin gwybodaeth a sgiliau asesu risg a ffactorau amddiffynnol. • Meithrin dealltwriaeth o sut mae deinameg grŵp yn effeithio ar y broses. • Meithrin dealltwriaeth o sut i baratoi teuluoedd ar gyfer Cynhadledd Amddiffyn Plant a sut i reoli presenoldeb plant. • Meithrin sgiliau herio a gofyn cwestiynau yn y Gynhadledd. • Cydnabod yr angen am ragor o bwyslais ar y Cynllun Amddiffyn Gofal a Chymorth yn y Gynhadledd. • Deall rôl a chyfrifoldebau Cydlynydd y Cynllun Gofal a Chymorth Amddiffyn Plant. • Meithrin dealltwriaeth o rôl a chyfrifoldebau asiantaethau heblaw am y Gwasanaethau i Blant. • Nodi anawsterau y maen nhw'n eu profi wrth reoli grwpiau craidd a ffyrdd posibl o wella eu hymarfer. • Meithrin gwybodaeth a sgiliau i lunio ac adolygu cynlluniau Amddiffyn Gofal a Chymorth effeithiol. • Archwilio profiad y grŵp craidd o safbwynt y teulu.	**Glyncornel, Llwynypia, Tonypandy CF40 2JF** 05.12.23 and 06.12.23 9.30am – 4.30pm
Child Protection Conference and Core Groups CHILD PROTECTION CONFERENCES – Day 1 Aim: To explore the factors that constitute best practice in preparing for and participating in Child Protection Conferences. CORE GROUPS – Day 2 Aim: To explore best practice in the operation of core groups and child protection planning. (Safeguarding Level 4) This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners. Facilitated by **Jan Little.**	• An understanding of the Wales Safeguarding procedures as they relate to Child Protection Conferences and Core Groups • Knowledge and skills in preparing reports for C.P. Conference. • Knowledge and skills in assessing risk and protective factors. • An Understanding of how group dynamics affect the process. • An understanding of how families should be prepared for CP Conference and an exploration of how the attendance of children should be managed. • Skills in challenging and asking questions at Conference. • Recognise the need for greater emphasis on the Care and Support protection Plan in Conference. • An understanding of the role and responsibilities of the Child Protection Care and Support Plan Co-ordinator • An understanding of the role and responsibilities of agencies other than Childrens Services. • Identify difficulties they experience in managing core groups and possible ways to improve their practice. • Knowledge and skills in formulating and reviewing effective Care and Support Protection plans • Explore the core group experience from the perspective of the family.	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Chwilfrydedd Proffesiynol Meddwl yn Ehangach Mae meithrin chwilfrydedd a her broffesiynol yn agwedd sylfaenol ar weithio gyda'n gilydd i gadw plant a phobl ifainc yn ddiogel. (Lefel 3) Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D. Wedi'i hwyluso gan **Martin Vaughan**	Mae'r cwrs yma'n canolbwyntio ar bwysigrwydd ansicrwydd parchus; helpu ymarferwyr i sylwi ar yr arwyddion pan y gallai rhiant neu warcheidwad fod yn esgus cydymffurfio; ac yn darparu cyngor ymarferol ar sut i fynd i'r afael â sgyrsiau anodd gyda theuluoedd a gweithwyr proffesiynol eraill. Rhaid i ymarferwyr sydd wedi'u hyfforddi'n addas gynllunio a chynnal sgyrsiau gyda phlant yn ofalus. Rhaid i'r ymarferydd feddu ar y gallu i ddadansoddi'r wybodaeth a gafwyd o bob rhan o ymchwiliad/asesiad yn gywir er mwyn pennu deilliannau derbyniol a chywir sydd er budd penodol y plentyn. Mae'r cwrs yma'n adeiladu ar argymhellion yr Arglwydd Laming sy'n anelu at wella sgiliau'r ymarferydd er mwyn iddo allu cynnal ymchwiliadau effeithiol a phroffesiynol o ddechrau atgyfeiriad cam-drin plant.	**Microsoft Teams** 22.11.23 9.30am – 4.30pm or 05.03.24 9.30am – 4.30pm Course Content • Review of Lord Laming recommendations as contained in the Climbie Report • Understand Professional Curiosity • Information Sharing • Planning & Preparation – language and cultural issues • Questioning Structures • Engaging Children and Families • Respectfully challenging other Professionals • Review of Child Practice Reviews • Post Contact Processes – Appropriate supervision and management
Professional Curiosity Thinking Outside of the Box Nurturing professional curiosity and challenge are a fundamental aspect of working together to keep children, and young people safe. (Safeguarding Level 3) This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners. Facilitated by **Martin Vaughan**	This course concentrates on the importance of respectful uncertainity; helping practitioners spot the signs of when a parent or carer may be using disguised compliance; and provides practical advise on how to address difficult conversations with families and other professionals. Conversations conducted with children must be carefully planned and executed by suitably trained practitioners. The practitioner must possess the ability to analyse accurately the information gained from all areas of an investigation/assessment in order to produce acceptable and accurate outcomes that are in the express intersts of the child. Building on Lord Laming's recmmendations this course aims to improve the skills of the pratitioner in order that they are able to conduct effective and professional investigations from the start of a child abuse referral.	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Gweithio gyda theuluoedd anghyfeillgar ac anghydweithredol (Lefel 3) Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D. Wedi'i hwyluso gan **Ruth Pearson**	• Hwyluso trafodaethau a mynd i'r afael â phryderon wrth weithio gyda theuluoedd sy'n gwrthwynebu cymryd rhan a newid • Ystyried y gwersi rydyn ni'n eu dysgu o arferion a gwaith ymchwil • Helpu i ni ddeall y rhesymau dros fod yn anghyfeillgar neu'n gwrthwynebu cydweithio • Mynd i'r afael â'r effaith ar weithwyr sy'n gweithio gyda theuluoedd anodd • Datblygu dulliau ymarferol o weithio gydag awdurdod gyda theuluoedd er mwyn diwallu anghenion y plentyn	**Facilitated via ZOOM** 12.12.23 9.30am – 3.30pm or 07.03.24 9.30am – 3.30pm
Working with Hostile, Uncooperative or Resistant Families (Safeguarding Level 3) This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners. Facilitated by **Ruth Pearson**	• To facilitate discussion and address concerns when working with families resistant to involvement or change • To consider lessons from practice and research • To assist understanding of reasons for hostility or resistance • To address the impact on workers engaged with difficult families • To develop practical ways of working with authority with families to meet the needs of the child	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Child Protection Process & Practice **Lefel 4** Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D. Wedi'i hwyluso gan **Jan Little**	Atgyfnerthu a gwella'r wybodaeth, y ddealltwriaeth a'r sgiliau sydd eu hangen ar ymarferwyr unigol wrth ddiogelu plant a phobl ifainc • Datblygu gallu'r sawl sy'n cymryd rhan i weithio mewn partneriaeth â phlant a'u teuluoedd/cynhalwyr • Hyrwyddo gwaith cydweithio rhwng asiantaethau a rhwng partneriaid proffesiynol • Gwella hyder y sawl sy'n cymryd rhan.	**Glyncornel, Llwynypia,** **Tonypandy CF40 2JF** 16.01.24, 17.01.24 30.01.24, 31.01.24 13.02.24, 14.02.24 9.30am – 4.30pm and 27.02.24 9.30am – 12.30pm
Child Protection Process & Practice **Safeguarding Level 4** This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners. Facilitated by **Jan Little.**	To consolidate and expand the knowledge, understanding and skills required by individual practitioners in protecting children and young people • Develop the participant's ability to work in partnership with children and their families/carers • Promote effective inter-agency and inter-professional collaboration • Increase participants' confidence.	Rhaid i'r sawl sy'n cymryd rhan fynd i bob sesiwn a chwblhau'r gwaith sy'n cael ei osod er mwyn cael tystysgrif. Participants must attend all seven sessions and complete a set piece of work to be awarded a certificate of completion.

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
'Dynion Cudd' (Hidden Men) (lefel 3) Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D. Wedi'i hwyluso gan **Ruth Pearson**	• Hwyluso trafodaethau a mynd i'r afael â phryderon ynghylch ymgysylltu â dynion wrth ddiogelu a hybu lles plant • Ystyried y gwersi rydyn ni'n eu dysgu o arferion a gwaith ymchwil mewn perthynas â 'dynion 'cudd' • Cydnabod gwerthoedd a chyd-destun ynghylch materion rhywedd a thadolaeth • Ystyried beth yw arwyddocâd rôl dynion wrth ddiogelu plant • Datblygu dulliau ymarferol o ymgysylltu'n effeithiol â dynion	**Facilitated via ZOOM** 17.01.24 9.30am – 3.30pm or 12.03.24 9.30am – 3.30pm
Hidden Men **Working with Men in Child Protection** (Safeguarding Level 3) This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners. Facilitated by **Ruth Pearson**	• To facilitate discussion and address concerns about engaging with men in safeguarding and promoting the welfare of children. • To consider lessons from practice and research relating to 'hidden' men. • To acknowledge values and context around issues of gender and fatherhood. • To consider the significance of men's roles in safeguarding children • To develop practical ways of effectively engaging with *men*.	

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Cam-drin Domestig **Rheoli drwy Orfodaeth** (Lefel 3) Bydd y cwrs yma'n bodloni rhai o feini prawf y safonau diogelu cenedlaethol yn ymwneud â hyfforddi, dysgu a datblygu ar gyfer ymarferwyr Grŵp C a Grŵp D. Wedi'i hwyluso gan **Gwasanaethau Camdrin Domestig Cwm Taf Morgannwg**	• Deall y diffiniad o reoli drwy orfodaeth • Sicrhau dealltwriaeth sylfaenol o ymddygiadau sy'n rheoli drwy orfodaeth • Deall sut y cafodd rheoli drwy orfodaeth ei chydnabod fel proffil cam-drin • Deall y gyfraith fel y mae'n ymwneud â rheoli drwy orfodaeth • Dysgu yn sgil Adolygiadau Dynladdiadau Cam-drin Domestig • Sut i ganfod ymddygiad gorfodol posibl a pham mae hyn yn bwysig • Cael trosolwg o Ganllawiau Rhannu Gwybodaeth fel y mae'n berthnasol i gam-drin domestig • Rhoi rhagor o ffynonellau gwybodaeth i chi lle mae modd i chi ddysgu rhagor am reoli drwy orfodaeth	**Microsoft Teams** 26.09.23 10am - 2pm or 24.10.23 10am - 2pm or 14.12.23 10am - 2pm **Committee Rooms 2 & 3, Civic Offices, Angel Street, Bridgend CF31 4WB** 25.01.24 10am – 3pm **Orbit Business Centre Merthyr CF48 1DL** 08.02.24 10am – 3pm **Rhondda Fach LC, Tylorstown CF43 3HR** 22.02.24 10am – 3pm **Microsoft Teams** 08.03.24 10am - 2pm
Domestic Abuse - Coercive Control (Safeguarding Level 3) This course will meet some of the criteria of the National safeguarding training, learning and development standards for Group C and Group D practitioners. Facilitated by **Cwm Taf Morgannwg Domestic Abuse Services**	• Understand the definition of coercive control • Achieve a basic understanding of coercive controlling behaviours • Understand how coercive control was recognised as an abuse profile • Understand the law as it relates to coercive control • Learning from Domestic Homicide Reviews • How to identify potentially coercive behaviour and why this is important • Gain an overview of Information Sharing Guidance as it relates to domestic abuse • Provide you with further sources of information where you can learn more about coercive control.	

<table>
<tr><th>Course Title and Facilitator</th><th>Deilliannau Dysgu - Learning Outcomes</th><th>Date Time and Venue</th></tr>
<tr><td>Cymorth Cyntaf Iechyd y Meddwl - Pobl Ifainc

Mae Salwch Meddwl yn dechrau yn aml iawn yn ystod cyfnod yr arddegau neu pan fydd pobl yn oedolion ifainc, ac mae'n bwysig adnabod problemau yn gynnar er mwyn sicrhau bod y person ifanc yn cael ei drin a'i gefnogi yn y modd cywir.

Wedi'i hwyluso gan

David Lewis
Mental Health First Aid Wales</td><td>Mae'r Cwrs Cymorth Cyntaf Iechyd y Meddwl - Pobl Ifainc yn dysgu oedolion sut i gynorthwyo unigolion yn eu harddegau sy'n datblygu unrhyw rai o'r problemau iechyd meddwl canlynol, neu'n wynebu problemau iechyd meddwl sy'n gwaethygu neu argyfwng iechyd meddwl:
Datblygu problemau iechyd meddwl
• Iselder
• Problemau gorbryder
• Anhwylderau bwyta
• Seicosis
• Problemau o ran defnyddio sylweddau
Problemau iechyd meddwl:
• Teimladau ac ymddygiadau hunanladdol
• Hunan-niweidio nad yw'n angeuol
• Pwl o banig
• Digwyddiadau Trawmatig
• Cyflyrau seicotig difrifol
• Effeithiau difrifol o ganlyniad i ddefnyddio alcohol neu gyffuriau eraill
• Ymddygiadau ymosodol</td><td rowspan="2">Glyncornel, Llwynypia,
Tonypandy CF40 2JF

18.03.24 9.30am – 4.30pm

and

19.03.24 9.30am – 4.30pm</td></tr>
<tr><td>Youth Mental Health First Aid

Mental illnesses often start in adolescence or early adulthood and it is important to detect problems early to ensure the young person is properly treated and supported.

Facilitated by

David Lewis
Mental Health First Aid Wales</td><td>The YMHFA course teaches adults how to assist adolescents who are developing any of the following mental health problems, experiencing a worsening of an existing mental health problem or in a mental health crisis:
Developing mental health problems
• Depression
• Anxiety problems
• Eating disorders
• Psychosis
• Substance use problems
Mental health crises:
• Suicidal thoughts and behaviours
• Non-suicidal self-injury
• Panic attacks
• Traumatic events
• Severe psychotic states
• Severe effects from alcohol or other drug use
• Aggressive behaviours</td></tr>
</table>

Course Title and Facilitator	Deilliannau Dysgu - Learning Outcomes	Date Time and Venue
Cymorth Cyntaf Iechyd y Meddwl - Oedolion Cymorth Cyntaf Iechyd y Meddwl yw'r cymorth sy'n cael ei ddarparu i berson sy'n datblygu problem iechyd meddwl, yn wynebu cyflwr iechyd meddwl sy'n gwaethygu, neu'n wynebu argyfwng iechyd meddwl. Mae'r cymorth cyntaf yn cael ei roi hyd nes bod y cymorth proffesiynol addas yn cael ei dderbyn neu hyd nes bod yr argyfwng yn cael ei ddatrys. **Wedi'i hwyluso gan** **David Lewis** **Mental Health First Aid Wales**	Wrth gymryd rhan, byddwch chi'n meddu ar wybodaeth fwy cynhwysfawr am iechyd meddwl a'r ymyriadau cysylltiedig, gwybodaeth am strategaethau cymorth cyntaf addas, a hyder i helpu unigolion sy'n wynebu problemau iechyd meddwl. Dyma'r pynciau a fydd dan sylw: **Datblygu problemau iechyd meddwl:** • Iselder • Problemau gorbryder • Seicosis • Problemau o ran defnyddio sylweddau **Argyfyngau iechyd meddwl:** • Teimladau ac ymddygiadau hunanladdol • Hunan-niweidio nad yw'n angeuol • Pwl o banig • Digwyddiadau trawmatig • Cyflyrau seicotig difrifol • Effeithiau difrifol o ganlyniad i ddefnyddio alcohol neu gyffuriau eraill • Ymddygiadau ymosodol	**Glyncornel, Llwynypia, Tonypandy CF40 2JF** **25.03.24 9.30am – 4.30pm** **and** **26.03.24 9.30am – 4.30pm**
Adult – Mental Health First Aid Mental Health First Aid is the help provided to a person who is developing a mental health problem, experiencing a worsening of an existing mental health problem, or in a mental health crisis. The first aid is given until the appropriate professional help is received or the crisis resolves **Facilitated by** **David Lewis** **Mental Health First Aid Wales**	As a participant, you will gain improved knowledge of mental illnesses and their interventions, knowledge of appropriate first aid strategies, and confidence in helping individuals experiencing a mental health problem. Topics covered include: **Developing mental health problems** • Depression • Anxiety problems • Psychosis • Substance use problems **Mental health crises:** • Suicidal thoughts and behaviours • Non-suicidal self-injury • Panic attacks • Traumatic events • Severe psychotic states • Severe effects from alcohol or other drug use • Aggressive behaviours	