

Case Study

- ▶ Lucy is a 15-year-old female who lives at home with her parents who have good insight into their daughter's support care needs. They have been proactive in securing support and advice however they are requesting support and are feeling overwhelmed with the responsibility of caring for their daughter safely and her placement at home is fragile.

Factors within the referral included

- ▶ Missing episodes
- ▶ Unsafe travel and out of area movement of significant distance from home
- ▶ Sharing of explicit images of self online
- ▶ Online contact with unfamiliar people
- ▶ Substance misuse and vaping
- ▶ Physical aggression towards parents including the threat of weapons
- ▶ Sexually active with older males and being approached to perform sexual acts in exchange for items
- ▶ School reporting a noticeable change in behaviour
- ▶ Diagnosis of ASD and ADHD
- ▶ Parents are requesting support and report to be feeling overwhelmed and there is a risk of family breakdown

Involvement

- ▶ Multi-agency involvement
- ▶ Children's Services, Miskin, South Wales Police, Education, Health and Behaviour Clinic
- ▶ Excellent engagement from family
- ▶ Excellent engagement from Lucy
- ▶ Use of exploitation toolkits
- ▶ Timely referral into exploitation protocol
- ▶ All agencies invited and attended the 4-6 weekly meetings over a 6-month period

Safety Planning and Disruption

- ▶ Excellent engagement with family
- ▶ Police disruption tactics including the issue of a CAWN
- ▶ Engagement from and with Lucy
- ▶ Removal of phone at night, parental controls and particular apps removed. Location switched on
- ▶ Information sharing between Social Workers within Children's Services - peer mapping.
- ▶ YP Safety Plan
- ▶ Family included in safety planning with clear direction of what is expected from them
- ▶ Behaviour clinic worked with family around behaviour management
- ▶ Routines and boundaries - curfew, responses to missing episodes, safe device use and responses to violent/heightened behaviours.
- ▶ Miskin intervention with focus on relationship work
- ▶ Trusted adult identified within school for Lucy

Updates

- ▶ Closed to protocol after a 6-month period in January 2026
- ▶ Remains open to Children's Service under Care and Support Planning
- ▶ Lucy is revising and planning to sit her GCSE exams
- ▶ Lucy is engaging with school health nurse and discussing her feelings and is described as "delightful"
- ▶ No further reported missing episodes or police reports
- ▶ No indications that Lucy is being sexually exploited
- ▶ Age appropriate and positive relationships have been formed
- ▶ Exploring post school options including apprenticeships
- ▶ Improved relationships and communication within the family home
- ▶ Family report to have had a "***peaceful***" period and felt that they have a different child in the home and "***thanked everyone for their support as she felt that they would not have got through the situation without them***"