

CORONAFEIRWS (COVID-19): DIWEDDARIAD WYTHNOSOL I DDARPARWYR GOFAL

CORONAVIRUS (COVID-19): WEEKLY UPDATE FOR CARE PROVIDERS

06 May /
06 Mai

Mae Darparwyr Gofal Cymdeithasol yn chwarae rhan hanfodol wrth amddiffyn a gofalu am y dinasyddion sydd fwyaf mewn perygl yn ein cymunedau. Mae'r rhain yn amseroedd heriol ac mae arweinyddiaeth gofal cymdeithasol yng Nghymru yn gwerthfawrogi popeth rydych chi'n ei wneud i gadw pobl yn ddiogel.

Dylid darllen y ddogfen hon ar y cyd â'r cyngor diweddaraf gan [Iechyd Cyhoeddus Cymru \(PHW\)](#) a [Llywodraeth Cymru](#).

Nod y briff hwn yw rhoi gwybod i ddarparwyr am y diweddariadau diweddaraf, darparu cyngor ac ymateb i ymholiadau cyffredinol.

Gellir gweld y bwletin hwn a bwletinau blaenorol hefyd ar wefan [ADSS Cymru](#) - os oes gennych unrhyw ymholiadau am y bwletin, cysylltwch â Rachel Pitman [rachel.pitman@adss.cymru]

Social Care Providers are playing a critical role in protecting and caring for the most at-risk citizens in our communities. These are challenging times and the leadership of social care in Wales really appreciates everything you are doing to keep people safe.

This document should be read in conjunction with the most recent advice from [Public Health Wales \(PHW\)](#) and [Welsh Government](#).

The aim of this briefing is to keep providers informed of the latest updates, provide advice and respond to general enquiries.

This bulletin and previous bulletins can also be found on the [ADSS Cymru website](#) – if you have any queries about the bulletin, please contact Rachel Pitman [rachel.pitman@adss.cymru]

Pwnc	Manylion	Dolen
Datganiadau a Newyddion Llywodraeth Cymru		
£40 miliwn ychwanegol i gefnogi gofal cymdeithasol i oedolion yng Nghymru	- Diben y cyllid hwn yw helpu i gynorthwyo awdurdodau lleol i fynd i'r afael â'r costau gofal cymdeithasol ychwanegol o ganlyniad i COVID-19. Bydd hyn yn cynnwys gwariant ychwanegol y mae darparwyr yn mynd ar eitemau fel cynnydd yng nghostau staff, mwy o staff asiantaeth (heb cynnwys nyrsiau), cynyddiad glanhau a rheoli clefydau. - Mae wedi'i neilltuo ar gyfer gofal cymdeithasol i oedolion ac wedi'i gynnwys yng 'nghronfa	 40 Million Social Care Email.pdf https://llyw.cymru/ps40m-ychwanegol-i-gefnogi-gofal-cymdeithasol

Topic	Detail	Link
Welsh Government		
Extra £40m to support adult social care in Wales	- This funding is to support local authorities to address the additional social care costs resulting from Covid-19. This will include additional expenditure providers are incurring on items such as increased staff costs, more agency staff(not including nursing), enhanced cleaning and infection control. - It is ring-fenced for adult social care and included in the Covid-19 Local Government	 40 Million Social Care Email.pdf https://gov.wales/extra-ps40m-support-adult-social-care-wales

	galedi' COVID-19 y llywodraeth leol a sefydlwyd yn ddiweddar. Ei ddiben yw sicrhau y gall darparwyr gofal cymdeithasol barhau â'u darpariaeth gofal a'u bod yn gallu ymateb i unrhyw alw ychwanegol am ofal sy'n codi. Bydd y dyraniad hwn yn cael ei fonitro'n agos er mwyn sicrhau ei fod yn parhau i allu gwneud hyn. Mae manylion pellach newydd gael eu cyhoeddi i gynrychiolwyr darparwyr ac awdurdodau lleol ac maent i'w gweld yn yr e-bost sydd ynghlwm. Os yw unrhyw ddarparwr gofal i oedolion yn wynebu costau o'r fath, dylai drafod hyn â'r awdurdod lleol sy'n ei gomisiynu. Er bod y cyhoeddiad hwn yn ymwneud â gofal cymdeithasol i oedolion, bydd y sefyllfa o ran gofal i blant hefyd yn cael ei monitro.	i-oedolion-yng-nghymru
Datganiad Ysgrifenedig: Coronafeirws (COVID-19) – Diweddariad ar Warchod Pobl	- Mae'r Gweinidog Iechyd a Gwasanaethau Cymdeithasol wedi gwneud Datganiad Ysgrifenedig ynglŷn â'r 21,000 o gleifion sydd wedi'u hychwanegu at y Rhestr o Gleifion a Warchodir yng Nghymru. - Byddant yn cael llythyr gan y Prif Swyddog Meddygol yn y dyddiau nesaf.	https://llyw.cymru/datganiad-ysgrifenedig-coronafeirws-covid-19-diweddariad-ar-warchod-pobl
Llythyr y Prif Swyddog Meddygol i bobl agored i	Canllawiau wedi'u diweddaru ynglŷn â'r trefniadau gwarchod yn sgil y cyhoeddiad bod	https://llyw.cymru/llythyr-y-prif-swyddog-meddygol-i

	Hardship Fund established recently. It is to help ensure adult social care providers can maintain their care provision and be able to respond to any additional demand for care which arises. This allocation will be closely monitored to ensure it remains able to do this. Further details have just been issued to representatives of providers and local authorities and are in the attached email. Should adult care providers be experiencing such costs they should discuss this with their commissioning local authority. Whilst this announcement is about adult social care, the situation in children's care is also being monitored.	
Written Statement: Coronavirus (COVID-19) – Shielding Update	- A Written Statement has been made by the Minister for Health and Social Services about the additional 21,000 patients who have been added to the Welsh Shielded Patient List. - They will receive a letter from the Chief Medical Officer in the next few days.	https://gov.wales/written-statement-coronavirus-covid-19-shielding-update
CMO letter to extremely vulnerable	Updated guidance on shielding arrangements following the announcement of additional	https://gov.wales/cmo-letter-extremely-vulnerable

niwed: esboniad o'r cymorth	21,000 o gleifion wedi'u hychwanegu at y Rhestr o Gleifion a Warchodir yng Nghymru.	bobl-agored-i-niwed-esboniad-or-cymorth
Llythyr ar gyfer gofalwyr di-dâl i gael gafael ar feddyginiaeth au ledled Cymru	Mae'n gallu bod yn anodd i weithwyr proffesiynol adnabod gofalwyr. Er mwyn brwydro yn erbyn hyn, mae Ymddiriedolaeth Gofalwyr Cymru, Gofalwyr Cymru a Llywodraeth Cymru wedi datblygu llythyr ar gyfer gofalwyr o bob oedran sy'n esbonio pam y gallai fod angen cefnogaeth a dealltwriaeth ychwanegol arnyn nhw. Bydd y llythyr safonol hwn ar gael i awdurdodau lleol a gwasanaethau gofalwyr ledled Cymru i helpu mewn amgylchiadau lle nad oes yna unrhyw fodd arall o adnabod rhywun.	https://carers.org/news-and-media/news/post/39-sefydliadauau-cydweithio
Datganiad ysgrifenedig ar ofalwyr	- Gwnaeth Julie Morgan AC, y Dirprwy Weinidog dros Iechyd a Gwasanaethau Cymdeithasol ddatganiad ysgrifenedig ddydd Llun 4 Mai, yn amlygu cymorth ar gyfer gofalwyr di-dâl ledled Cymru. - Rhoddodd eglurhad o hawliau gofalwyr o dan y ddeddfwriaeth coronafeirws newydd a sut y dylai awdurdodau lleol ystyried egwyddorion allweddol wrth wneud penderfyniadau gydag unigolion a gofalwyr, yn ogystal â sut mae Llywodraeth Cymru'n cefnogi'r trydydd sector, gan weithio mewn partneriaeth ag amrediad o sefydliadau.	https://llyw.cymru/datganiad-ysgrifenedig-datganiad-ysgrifenedig-ar-ofalwyr
Cefnogi gofal cymdeithasol yn ystod	Mae Llywodraeth Cymru wedi crynhoi'r amrediad o fesurau a gymerir er mwyn	https://llyw.cymru/cefnogi-gofal-

people: support explained	21,000 patients being added to the Welsh Shielded Patient List.	people-support-explained
Letter for unpaid carers to access medicines across Wales	Identifying carers can be difficult for professionals. To combat this Carers Trust Wales, Carers Wales and Welsh Government have developed a letter for carers of all ages which explains why they might need extra support and understanding. This standard letter will be made available to local authorities and carers services across Wales to help in areas where no other forms of identification are already in place.	https://carers.org/news-and-media/news/post/38-organisations-work-together-to-improve-unpaid-carers
Written statement on carers	- The Deputy Minister for Health and Social Services, Julie Morgan AM made a written statement Monday 4 May, highlighting support for unpaid carers across Wales. - She clarified carers' rights under the new coronavirus legislation and how local authorities should take account of key principles when making decisions with individuals and carers, as well as how Welsh Government is supporting the third sector, working in partnership with a range of organisations.	https://gov.wales/written-statement-written-statement-carers
Supporting social care during the	The Welsh Government has summarised the range of measures being taken to	https://gov.wales/supporting-social-care-

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pandemig y coronafeirws	cefnogi'r gweithlu gwasanaethau cymdeithasol trwy'r pandemig COVID-19. - Mae hyn yn cynnwys gwybodaeth am y canlynol: - cyllid - cyfarpar diogelu personol - profion - rheoleiddio ac arolygu - gofal preswyl a gofal nyrsio - gwasanaethau cymorth cartref - diogelu a llawer mwy	cymdeithasol-yn-ystod-yr-achos-coronafeirws
Gofynion y gwasanaeth rhyddhau o'r ysbyty o ran COVID-19 (Cymru) – DIWEDDARIA D	- Mae'r canllawiau (wedi diweddaru ar 30 Ebrill) nodi gofynion y gwasanaeth rhyddhau o'r ysbyty ar gyfer partneriaid iechyd a gofal cymdeithasol a phartneriaid o'r trydydd sector a'r sector annibynnol yng Nghymru a'r camau gweithredu sy'n rhaid eu cymryd ar unwaith er mwyn gwella trefniadau rhyddhau ac wrth ddarparu gofal cymunedol. - Mae'r cyswllt yn cynnwys - Diweddariad i'r canllawiau mewn perthynas â threfniadau cam-i-fyn a cham-i-lawr a phrofion COVID-19 cyn rhyddhau - Cyflwyniad gweminar.	https://llyw.cymru/gofynion-gwasanaeth-rhyddhau-or-ysbyty-covid-19
Mynediad am ddim i blatfform e-ddysgu GIG Cymru ar gyfer nyrsys sy'n gweithio	Mae Dysgu@Cymru yn blatfform dysgu cenedlaethol gan GIG Cymru sy'n cynnal dros 350 o gyrsiau. Mae'r cyrsiau hyn ar gael i sefydliadau sy'n darparu gwasanaeth i'r sector cyhoeddus yng Nghymru, gan gynnwys cartrefi gofal preswyl.	 NHS eLearning Access for Primary Care
coronavirus outbreak	support the social care workforce through the Covid-19 pandemic. - This includes information about: - funding - PPE - testing - regulation and inspection - residential and nursing care - domiciliary support services - safeguarding and much more.	during-coronavirus-outbreak
Covid-19 Hospital Discharge Service Requirements (Wales) – UPDATE	- The guidance (updated on 30 April) sets out the Hospital Discharge Services Requirements for health, social care, third and independent sector partners in Wales and the actions that must be taken immediately to enhance discharge arrangements and the provision of community support. - The link includes: - An update to the guidance in relation to step-up and step-down arrangements and Covid-19 testing prior to discharge - A webinar presentation.	https://gov.wales/hospital-discharge-service-requirements-covid-19
Free Access to NHS Wales's eLearning Platform for Nurses working in Social Care	Learning@Wales is an NHS Wales national learning platform that hosts more than 350 courses. These courses are available to organisations that provide a service to the public sector in Wales, including residential care homes.	 NHS eLearning Access for Primary Care



mewn gofal cymdeithasol	- Mae amrediad eang o gyrsiau am ddim ar gael i gefnogi staff, yn enwedig yn ystod y pandemig COVID-19. Mae'r rhain yn cynnwys testunau fel atal a rheoli clefydau, a diogelu. - Am wybodaeth bellach am sut i greu cyfrif, gweler yr hysbyslen sydd ynghlwm.	
Coronafeirws (COVID-19): Ffeithlun gwarchod	Ffeithlun sy'n dangos yr hyn y mae angen i bobl ei wneud os ydynt yn derbyn llythyr gwarchod gan Lywodraeth Cymru.	https://llyw.cymru/coronafeirws-covid-19-infographic-gwarchod
Gwasanaeth newydd gan wirfoddolwyr ar gyfer dosbarthu presgripsiynau i'r rheiny ar y rhestr warchod neu sy'n hunan-ynysu	Mewn ymateb i'r pandemig COVID-19, mae'r Gweinidog dros Iechyd a Gofal Cymdeithasol wedi cyhoeddi trefniadau newydd, mewn partneriaeth â'r Gymdeithas Fferylliaeth Genedlaethol, sefydliadau'r trydydd sector yng Nghymru a'r Post Brenhinol, i sicrhau bod pobl sydd ar y rhestr warchod neu sy'n hunan-ynysu yn gallu parhau i gael eu meddyginiaethau ar bresgripsiwn.	https://llyw.cymru/gwasanaeth-newydd-gan-wirfoddolwyr-ar-gyfer-danfon-presgripsiynau-i-gartrefi-unigolion-syn-cael-eu
Profion Coronafeirws (COVID-19): eich cwestiynau	Y fersiwn diweddaraf o gwestiynau ac atebion i ddeall pwy fydd yn cael eu profi am COVID-19.	https://llyw.cymru/profi-coronafeirws-covid-19-eich-cwestiynau
Llywodraeth Cymru yn ehangu profion	Ar 2 Mai 2020, cyhoeddodd Llywodraeth Cymru y bydd yr holl drigolion a staff mewn cartrefi gofal	https://llyw.cymru/llywodraeth-cymru-yn-

	- There are a wide range of free courses available to support staff particularly during the Covid-19 outbreak. These include topics such as infection and prevention control, and safeguarding. - For further information about how to create an account please see the attached flyer.	
Coronavirus (Covid-19): shielding infographic	An infographic showing what people needs to do if they have received a shielding letter from Welsh Government.	https://gov.wales/coronavirus-covid-19-shielding-infographic
New volunteer prescription delivery scheme to support those shielding or self-isolating	In response to the Covid-19 pandemic, the Minister for Health and Social Care has announced new arrangements to ensure people who are shielding or self-isolating can continue to get their prescription medicines in partnership with the National Pharmacy Association, Wales's third sector organisations and Royal Mail.	https://gov.wales/new-volunteer-prescription-delivery-scheme-support-those-shielding-or-self-isolating
Coronavirus (Covid-19) testing: your questions	An updated version of questions and answers to understand who will be tested for Covid-19.	https://gov.wales/coronavirus-covid-19-testing-your-questions
Welsh Government extends	All residents and staff in care homes with outbreaks of coronavirus will now be tested	https://gov.wales/welsh-government-

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coronafeirws mewn cartrefi gofal	sydd ag achosion o'r coronafeirws yn cael eu profi am y feirws bellach.	ehangu-proffion-coronafeirws-mewn-cartrefi-gofal
Datganiad Ysgrifenedig: Profion y coronafeirws mewn cartrefi gofal	Datganiad ysgrifenedig gan y Gweinidog dros lechyd a Gwasanaethau Cymdeithasol, ynglŷn â phwy fydd yn cael ei brofi mewn cartrefi gofal.	https://llyw.cymru/datganiad-ysgrifenedig-proffion-y-coronafeirws-mewn-cartrefi-gofal
Rheolau Coronafirws Diwygiedig: Diweddariad gan y Prif Swyddog Nyrsio	Gallai methu â mynd ar daith mewn car waethygu amodau i unigolion ag anabledd dysgu, awtistiaeth, dementia neu rai cyflyrau iechyd meddwl. Ni chynhwyswyd teithiau car yn y newidiadau i'r Rheoliadau oherwydd nad yw taith car wedi'i chynnwys fel ymarfer corff. Gan nad yw'r rhestr o esgusodion rhesymol a nodir yn y Rheoliad yn newid yn gynhwysfawr gellir caniatáu yr amgylchiadau uchod. Dylid defnyddio teithiau car yn gynnil a chadw teithiau i ardaloedd lleol.	https://llyw.cymru/datgelu-rheolau-coronafeirws-adolygedig-ar-gyfer-cymru https://llyw.cymru/rheoliadau-diogelu-iechyd-cyfyngiadau-coronafeirws-cymru-diwygio-rhif-2-2020

coronavirus testing in care homes	for the virus, the Welsh Government announced on 2 May 2020.	extends-coronavirus-testing-in-care-homes
Written statement: Coronavirus testing in care homes	A written statement by the Minister for Health and Social Care on who will be tested in care homes.	https://gov.wales/written-statement-coronavirus-testing-care-homes
Revised Coronavirus Rules: Update from Chief Nursing Officer	Not being able to take a car ride could worsen conditions for individuals with a learning disability, autism, dementia or some mental health conditions. Car journeys were not included in the changes to the Regulations because a car journey is not included as exercise. As the list of reasonable excuses set out in the Regulation changes is not exhaustive the above circumstances can be allowed. Car journeys should be used sparingly and keep journeys to local areas.	https://gov.wales/revised-coronavirus-rules-for-wales-unveiled https://gov.wales/health-protection-coronavirus-restrictions-wales-amendment-no-2-regulations-2020



Cylchlythyr Iechyd Cymru		
Canllawiau ar gyfer byrddau iechyd lleol ac Ymddiriedolaethau'r GIG ar ailddefnyddio meddyginiaeth h diwedd oes mewn hosbisau a chartrefi gofal (dim ond yn ystod y pandemig COVID-19 y mae'r cyngor yn gymwys)	Egwyddorion ac amgylchiadau cyffredinol o ran pryd y gallai fod yn dderbyniol i ailddefnyddio meddyginiaeth	 Welsh Health Circular 2020 008 - C
Cymdeithas Cyfarwyddwyr Gwasanaethau Cymdeithasol (ADSS) Cymru		
Datganiad ysgrifenedig mewn perthynas â COVID-19 a phobl dduon ac Asiaidd a lleiafrifoedd ethnig (BAME) ar fesurau i ddiogelu'r gweithlu gofal	- Mae ADSS Cymru, ynghyd â chyflogwyr GIG Cymru a Llywodraeth Cymru, wedi rhyddhau datganiad ar y mesurau a gaiff eu gweithredu er mwyn diogelu'r gweithlu gofal - Mae'r datganiad yn dilyn datganiad Vaughan Gething, y Gweinidog dros Iechyd a Gwasanaethau Cymdeithasol, ar 21 Ebrill ar y dystiolaeth sy'n dod i'r amlwg o'r effaith y mae #COVID19 yn ei chael ar unigolion o gymunedau o bobl dduon ac Asiaidd a lleiafrifoedd ethnig.	https://llyw.cymru/sites/default/files/inline-documents/2020-05/covidbameasuresstoprotectthehealthandsocialcareworkforcecym.pdf

Welsh Health Circular		
Guidance for local health boards and NHS trusts on the reuse of end of life medicines in hospices and care homes (advice applies only during the Covid-19 pandemic)	General principles and circumstances in which it may be acceptable to reuse medicines	 Welsh Health Circular 2020 008 - C
ADSS Cymru		
Covid-19 and BAME written statement on measures to protect the care workforce	- ADSS Cymru, along with NHS Wales Employers and Welsh Government, has released a statement on the measures they will undertake to protect the care workforce - The statement follows the minister for Health and Social Services, Vaughan Gething's statement on 21 April on the emerging evidence of the impact of Covid-19 on individuals with BAME backgrounds.	https://gov.wales/sites/default/files/inline-documents/2020-05/covidbameasuresstoprotectthehealthandsocialcareworkforceeng.pdf



Datganiad gan Nicola Stubbins, Llywydd ADSS Cymru, yn diolch i'r gweithlu gofal	- Cafodd y datganiad ei ryddhau ddydd Iau 30 Ebrill ac yn unol â'r ymgyrch Clapio dros Ofalwyr. - Mae'r datganiad yn rhoi sicrwydd bod ADSS Cymru yn gweithio i gefnogi a diogelu'r gweithlu.	https://www.adss.cymru/en/blog/post/message-of-thanks
Gofal Cymdeithasol Cymru		
Adnoddau i gefnogi pobl sydd â dementia sydd o gymunedau o bobl dduon ac Asiaidd a lleiafrifoedd ethnig	Mae gan Meri Yaadain nifer o adnoddau defnyddiol i gefnogi pobl sydd â dementia sydd o gymunedau o bobl dduon ac Asiaidd a lleiafrifoedd ethnig a'u teuluoedd, gan gynnwys cyngor ar COVID-19 a Ramadan.	www.meriyadain.co.uk/information/
Diweddariad ar y cerdyn gweithiwr gofal cymdeithasol	- Mae mwy na 23,000 o fersiynau digidol o'r cerdyn gweithiwr gofal cymdeithasol wedi'u lawrlwytho bellach. - Diben y cerdyn yw helpu gweithwyr gofal cymdeithasol yng Nghymru i brofi eu bod yn weithwyr allweddol yn ystod y pandemig COVID-19. - Mae copiâu caled o'r cerdyn wedi'u hanfon at bawb ar y Gofrestr o Weithwyr Gofal Cymdeithasol. Maen nhw'n cael eu hanfon at	https://gofalcymdeithasol.cymru/gwella-gwasanaethau/cwestiynau-cyffredin-cerdyn-gweithiwr-gofal-cymdeithasol#

Statement by President of ADSS Cymru Nicola Stubbins thanking care workforce	- The statement was released on Thursday 30 April, and in line with the Clapforcarers campaign. - The statement gives assurance that ADSS Cymru is working to support and protect the care workforce.	https://www.adss.cymru/en/blog/post/message-of-thanks
Social Care Wales		
Resources to support people with dementia from BAME communities	Meri Yaadain has a number of helpful resources to support people with dementia from BAME communities and their families, including advice about Covid-19 and Ramadan.	www.meriyadain.co.uk/information/
Social care worker card update	- More than 23,000 digital versions of the social care worker card have now been downloaded. - The card aims to help social care workers in Wales prove they are key workers during the Covid-19 pandemic. - Hard copies of the card have been sent to everyone on the Register of Social Care Workers. They are being sent to workers who are not yet registered later this week.	socialcare.wales/service-improvement/social-care-worker-card-faqs



	weithwyr nad ydyn nhw wedi cofrestru eto yn ddiweddarach yr wythnos hon.	section-35894-anchor
Tudalennau gwe COVID-19 Gofal Cymdeithasol Cymru	- Mae Gofal Cymdeithasol Cymru yn parhau i adolygu a diweddarau ei dudalennau gwe ar COVID-19. - Yn ystod yr wythnos diwethaf, rydym wedi ychwanegu gwybodaeth, cyfeiriadau ac adnoddau am y canlynol: - cartrefi gofal – preswyl a nyrsio - cymorth ar gyfer digartrefedd a chamddefnyddio sylweddau yn ystod y pandemig - cyfres o flogiau am COVID-19. - Mae ein tudalennau ar COVID-19 a dementia hefyd wedi cael eu diweddarau i gynnwys mwy o adnoddau am y canlynol: - cyfathrebu - deall gofid - gweithgareddau a chadw'n heini.	https://gofalcy mdeithasol.cymru/gwella-gwasanaethau/gwybodaeth-ac-adnoddau-ich-tywys-trwy-covid-19
Cadwch y dyddiad: Dydd Llun, 18 Mai (2-3pm) a dydd Mercher, 20 Mai (2-3pm)	- Caiff y rhwydweithiau digidol Cwtsh cyntaf eu cynnal ar Zoom ar gyfer cefnogi cymheiriaid mewn cartrefi gofal, gan roi cyfle i reolwyr a staff cartrefi gofal gael gafael ar gyngor a rhannu syniadau a datrysiadau gyda'i gilydd. - Bydd yn canolbwyntio ar roi cymorth i bobl hŷn a'r rheiny sy'n byw gyda dementia. - Bydd y Cwtch, a hwylusir gan hwyluswyr annibynnol ac a gefnogir gan Gwella Cymru a Llywodraeth Cymru, yn: - cynnig gofod diogel er mwyn rhannu datrysiadau dydd i ddydd a datrys problemau	

Social Care Wales Covid-19 pages	- Social Care Wales is continuing to review and update its Covid-19 pages. - In the last week, we've added information, signposting and resources about: - residential and nursing care homes - support for homelessness and substance misuse during the pandemic - a series of blogs about Covid-19. - Our Covid-19 dementia pages have also been updated to include more resources about: - communication - understanding distress - activities and keeping fit.	socialcare.wales/service-improvement/information-and-resources-to-guide-you-through-covid-19
Save the date: Monday, 18 May (2-3pm) and Wednesday, 20 May (2-3pm)	- The first Cwtch care home digital peer support networks will be run on Zoom, giving care home managers and staff access to advice and an opportunity to share ideas and solutions with each other. - It will focus on supporting older people and those living with dementia. - The Cwtch, facilitated by independent facilitators and supported by Improvement Cymru and Welsh Government, will:	

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WalesGofal Cymdeithasol **Cymru**
Social Care **Wales**

	- defnyddio arbenigedd a sgiliau o fewn y cartrefi ar draws Cymru - cynnig gofod ar gyfer rhoi cymorth a goruchwyllo cymheiriaid • cyfeirio at arbenigedd pellach.			- offer a safe space to share practical day-to-day solutions and solve problems - draw on the expertise and skills across Wales within the homes - offer a space for support and peer supervision • signpost to further expertise.	
Hysbyseb teledu Gofalwn.Cymru yn cael ei darlledu am y tro cyntaf ar 6 Mai am 8.58pm ar ITV Cymru.	• Mae'r hysbyseb yn rhoi sylw i'r gwaith hanfodol sy'n digwydd mewn cartrefi gofal ledled Cymru yn yr hinsawdd bresennol, a chaiff ei darlledu ar ITV rhwng 6 – 18 Mai. • Bydd hefyd yn ymddangos ar S4C a Channel 4 ar-lein	 WeCare_TV%20AD PRESS%20RELEASE%20Cymru.docx Hyrwyddwch y gwaith pwysig hwn drwy eich cyfryngau cymdeithasol: Twitter: @GofalwnCymru YouTube: GofalwnCymruCares Facebook: GofalwnCymru Instagram: GofalwnCymruCares	WeCareWales TV advert premiers on 6 May at 8:58pm on ITV Wales	• The advert showcases the critical work taking place across Wales in care homes in the current climate and will be aired on ITV between 6-18 May. • It will also be showcasing on S4C and Channel 4 online.	 WeCare_TV%20AD PRESS%20RELEASE%20Cymru.docx Promote this work through your social media: Twitter: @WeCareWales YouTube: GofalwnCymruCares Facebook: WeCareWales Instagram: GofalwnCymruCares

Hac Covid-19	Os oes gennych chi her gysylltiedig â Covid-19 rydych chi'n meddwl y gallai technoleg eich helpu gyda hi, mae hwn ar eich cyfer chi. Mae'r pandemig Covid-19 wedi gwneud i ni i gyd feddwl yn wahanol am yr hyn rydyn ni'n ei wneud a sut rydyn ni'n ei wneud. Bydd llawer o'r rhai sy'n gweithio ym maes iechyd a gofal cymdeithasol yn mynd i'r afael â'r heriau o ddarparu gwasanaethau. Bydd busnesau, prifysgolion ac eraill yn chwilio'n frwd am gyfleoedd i ddefnyddio eu sgiliau a'u gwybodaeth i ddatblygu cynhyrchion a gwasanaethau newydd i gyflawni'r heriau hyn. Mae'r digwyddiad yma yn cysylltu pobl gyda'r heriau efo'r pobl gyda'r atebion, er mwyn cael cyllideb a chefnogaeth.	http://www.m-sparc.com/cy/haciocovid
Arolygaeth Gofal Cymru		
Cyngor diogelwch ac atal tân ar gyfer darparwyr gofal	Mae Gwasanaeth Tan ac Achub De Cymru wedi cynhyrchu cyngor diogelwch ac atal tân ar gyfer darparwyr gofal a gofal iechyd yn ystod y pandemig coronafeirws	https://www.d.ecymru-tan.gov.uk/eic-h-diogelwch-a-lles/mewn-busnes/darparwyr-gofal-a-gofal-iechyd/

Hack Covid-19	If you have a Covid-19 related challenge you think technology could help with, this is for you. The COVID-19 pandemic has made us all think differently about what we do and how we do it. Many of those working within health and social care will be grappling with the challenges of delivering services. While businesses, universities and others will be enthusiastically seeking opportunities to use their skills and knowledge to develop new products and services to meet these challenges. The Hack Covid-19 event is about connecting the people with the challenges to the people with the solutions to access funding and support opportunities.	http://www.m-sparc.com/hackcovid
Care Inspectorate Wales		
Fire Safety and Prevention Advice for Care Providers	South Wales Fire and Rescue Service has produced fire safety and prevention advice for care and healthcare providers during the coronavirus pandemic:	https://www.southwales-fire.gov.uk/your-safety-wellbeing/in-business/care-providers/



ADSS Cymru

Yn arwain Gwasanaethau
Cymdeithasol yng Nghymru
Leading Social Services in Wales



Llywodraeth Cymru
Welsh Government



Arolygiaeth Gofal
Cymru
Care Inspectorate
Wales



Gofal Cymdeithasol **Cymru**
Social Care **Wales**

Dolenni links / Useful links:

Iechyd Cyhoeddus Cymru, Datganiadau Dyddiol am 2yp: https://covid19-phwstatement.nhs.wales/	Public Health Wales, Daily 2pm Statements: https://covid19-phwstatement.nhs.wales/
Arolygiaeth Gofal Cymru, Cwestiynau Cyffredin: https://arolygiaethgofal.cymru/coronafeirws-covid-19-cwestiynau-cyffredin	Care Inspectorate Wales, FAQs: https://careinspectorate.wales/coronavirus-covid-19-frequently-asked-questions-faqs