



CORONAFIRWS (COVID-19): DIWEDDARIAD WYTHNOSOL I DDARPARWYR GOFAL

CORONAVIRUS (COVID-19): WEEKLY UPDATE FOR CARE PROVIDERS

16 December / 16 Rhagfyr

Mae Darparwyr Gofal yn rhoi gefnogaeth hanfodol i'r dinasyddion sydd fwyaf mewn perygl yn ein cymunedau, ac mae arweinyddiaeth gofal cymdeithasol yng Nghymru yn falch o'ch ymrwymiad parhaol a'ch gwaith caled.

Dylid darllen y bwletin gwybodaeth hon ar y cyd â'r cyngor diweddaraf gan [Iechyd Cyhoeddus Cymru \(PHW\)](#) a [Llywodraeth Cymru](#).

Gellir gweld y bwletin hwn a bwletinau blaenorol hefyd ar wefan [ADSS Cymru](#) – os oes gennych unrhyw ymholiadau, cysylltwch â rachel.pitman@adss.cymru

Care Providers give critical support to the most at-risk citizens in our communities, and the leadership of social care in Wales is proud for your continued commitment and hard work.

This information bulletin should be read in conjunction with the most recent advice from [Public Health Wales \(PHW\)](#) and [Welsh Government](#).

This bulletin and previous bulletins can also be found on the [ADSS Cymru website](#) – if you have any queries, please contact rachel.pitman@adss.cymru

Pwnc	Manylion	Dolen
Fforwm Galluedd Meddyliol Cenedlaethol		
Fforwm Galluedd Meddyliol Cenedlaethol - Adnoddau Covid (AM DDIM)	Gall argaeledd brechiadau codi cwestiynau yngylch mater caniatâd a galluedd meddyliol, ynghyd ag amddiffyn rhyddid. Mae cyflwyniadau a recordiadau gweminar ar gael ar faterion fel: <ul style="list-style-type: none">➤ Yr MCA a gwirionedd blêr COVID 16/17➤ Amddifadu o Rhyddid a Phobl Ifanc 16/17➤ Profion COVID 19➤ Iechyd y Cyhoedd a Hawliau Dynol yn y Pandemig COVID-19➤ Covid-19, Diogelu wrth amddifadu o ryddid (DoLS), a Buddiannau Gorau	Saesneg yn unig: COVID-19 - Essex Autonomy Project
Gan gynnwys gweminar am ddim ar 18/12/20: Yr MCA a Brechiadau COVID mewn Cartrefi Gofal (Manylion Saesneg yn unig)		

Topic	Detail	Link
National Mental Capacity Forum		
National Mental Capacity Forum – (FREE) Covid resources	The availability of vaccinations may be raising questions about the issue of consent and mental capacity, plus liberty protection	COVID-19 - Essex Autonomy Project
Including free webinar on 18/12/20: The MCA and COVID Vaccinations in Care Homes	Presentations and webinar recordings are available on issues such as: <ul style="list-style-type: none">➤ The MCA and the Messy Reality of COVID➤ Deprivation of Liberty and 16/17 Year Olds➤ COVID 19 Testing➤ Public Health and Human Rights in the COVID-19 Pandemic➤ Covid-19, DoLS, and Best Interests	



Canolfan Polisi Cyhoeddus Cymru			Wales Centre for Public Policy		
Canolfan Polisi Cyhoeddus Cymru Gweithredu'r argymhellion yn 'Helpu Comisiynwyr a Chaffaelwyr Gofal i Hyrwyddo Modelau Gwerth Cymdeithasol'	<p>Mae Canolfan Polisi Cyhoeddus Cymru (WCPP) yn awyddus i glywed a hoffech chi weithio trwy datrysiau ymarferol gyda nhw. Os hoffech, cwblhewch y wybodaeth ofynnol isod a'i dychwelyd i: donna.coyle@wales.coop. Y dyddiad cau ar gyfer gwybodaeth yw dydd Gwener 8fed Ionawr.</p> <ol style="list-style-type: none"> Pa themâu datblygu y mae gennych ddiddordeb ynddynt? <ul style="list-style-type: none"> Penodi a sgorio ar gyfer gwerth cymdeithasol a chanlyniadau lluosog Comisiynu ar gyfer gwerth cymdeithasol, cyn ac ar ôl caffael Adeiladu gallu y tu hwnt i'r farchnad Arall? Pwy fydd yn eich tîm? Rhowch eich enw a'ch manylion cyswllt, a chynnwys eich rôl a'ch sefydliad. 	<p>AR RE slides social value models NCB De</p> <p>Darllenwch yr aroddiad: https://wales.coop/wp-content/uploads/2020/11/Social-value-CtoC-Brochure-Welsh-20.11.20.pdf</p>	Wales Centre for Public Policy (WCPP) Implementing recommendations in 'Supporting Care Commissioners and Procurers to Promote Social Value Models'	<p>WCPP are keen to hear if you would like to work through practical solutions with them. If you do, please complete the required information below and return to: donna.coyle@wales.coop. Deadline for information is Friday 8th January.</p> <ol style="list-style-type: none"> What themes of development you are interested in? <ul style="list-style-type: none"> Specifying and scoring for social value and multiple outcomes Commissioning for social value, before and after procurement Building capacity beyond the market Other? Who will be in your team? Please provide your name and contact details and include your role and organisation. 	<p>AR RE slides social value models NCB De</p> <p>Read the report: https://wales.coop/wp-content/uploads/2020/11/Social-value-CtoC-Brochure-English-20.11.20.pdf</p>
Llywodraeth y DU			UK Government		
Canllawiau gweithiwr achos Cynllun Preswylio'n Sefydlog i Ddinas syddion yr Undeb Ewropeaidd (EUSS) ar oedolion ag anghenion gofal a chymorth wedi'i cyhoeddi, o fewn y prif canllawiau EUSS (ar dudalen 76).	<p>Mae'r canllawiau gweithiwr achos Cynllun Preswylio'n Sefydlog i Ddinas syddion yr Undeb Ewropeaidd (EUSS) ar oedolion ag anghenion gofal a chymorth wedi'i cyhoeddi, o fewn y prif canllawiau EUSS (ar dudalen 76).</p>	<p>Saesneg yn unig https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/940843/main-euuss-guidance.pdf</p>	EUSS caseworker guidance on adults with care and support needs	<p>The EUSS caseworker guidance on adults with care and support needs has been published, within the main EUSS guidance (on page 76).</p>	https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/940843/main-euuss-guidance.pdf



anghenion gofal a chymorth		n-euss-guidance.pdf		
Llywodraeth Cymru				
Paratoi Cymru: Bwletin am pontio o'r UE	Mae'r bwletin hwn am y pontio o'r UE yn rhoi'r wybodaeth ddiweddaraf am rai o'r materion sy'n effeithio ar iechyd a gofal cymdeithasol yng Nghymru wrth i ni nesáu at ddiwedd Cyfnod Pontio'r UE ar 31 Rhagfyr 2020. Mae'r diweddarriad hwn yn canolbwytio ar Gynllun Setliad yr UE, meddyginaethau, dyfeisiau meddygol a defnyddiau traul clinigol (MDCCs), gofal iechyd cilyddol rhwng yr UE a Cymru a bwyd.	20201608 HSS EU Transition Stakeholder Rhagor o wybodaeth: https://llyw.cymru/paratoi-cymru		
Cyfngiadau lefel uwch yn dod i rym i reoli'r coronafeirws	Mae'r Prif Weinidog Mark Drakeford wedi cyhoeddi heddiw (16 Rhagfyr) y bydd cyfngiadau lefel uwch yn dod i rym i reoli cyfraddau'r coronafeirws, sy'n cynyddu'n gyflym ledled Cymru.	https://llyw.cymru/cyfngiad-au-lefel-uwch-yn-dod-i-rym-i-reolir-coronafeirws		
Dechrau cynllun peilot i gyflwyno brechlyn COVID-19 i gartrefi gofal	Mae'r Gweinidog Iechyd wedi cyhoeddi y bydd cynllun peilot i gyflwyno brechlyn COVID-19 Pfizer/BioNTech i gartrefi gofal Cymru yn dechrau ddydd Mercher [16 Rhagfyr], ychydig dros wythnos ar ôl i'r brechlyn cyntaf gael ei roi yn y Deyrnas Unedig.	https://llyw.cymru/dechrau-cynllun-peilot-i-gyflwyno-brechlyn-covid-19-i-gartrefi-gofal		
Adroddiad newydd Llywodraeth	Ulwyyddodd awdurdodau lleol a'r trydydd sector i ymateb yn gyflym i roi cymorth i bobl mwyaf agored i niwed ac ynysig Cymru yn ystod y	https://llyw.cymru/adroddiad-newydd-llywodraeth		
Welsh Government				
Preparing Wales: EU transition bulletin	The EU transition bulletin provides an update on some of the issues affecting health and social care in Wales as we approach the end of the EU Transition Period on 31 December 2020. This update is focused on the EU Settlement Scheme, medicines, medical devices and clinical consumables (MDCCs), reciprocal healthcare and food.	20201608 HSS EU Transition Stakeholder		
Higher-level restrictions to come into force to control coronavirus	Higher-level restrictions will come into force to control rapidly accelerating coronavirus rates across Wales, First Minister Mark Drakeford said today (16 December).	https://gov.wales/higher-level-restrictions-come-force-control-coronavirus		
Pilot of COVID-19 vaccination roll-out to care homes to begin	A pilot for the roll-out of the COVID-19 Pfizer / BioNTech vaccine to Welsh care homes is to begin on today [Wednesday 16], just over a week after the first jab was administered in the UK, the Health Minister has announced.	https://gov.wales/pilot-covid-19-vaccination-roll-out-care-homes-begin		
New Welsh Government report commends	Local authorities and the third sector responded rapidly to support Wales' most	https://gov.wales/new-welsh-government-report-commends		



Cymru yn canmol partneriaeth rhwng awdurdodau lleol a gwirfoddolwyr am ymateb yn gyflym i COVID-19	pandemig, yn ôl adroddiad sydd newydd ei cyhoeddi.	Ilywodraeth-cymru-yn-canmol-partneriaeth-rhwng-awdurdodau-lleol-gwirfoddolwyr	local authority and volunteer partnership for rapid response to COVID-19	vulnerable and isolated people during the pandemic, a new report has found.	government-report-commends-local-authority-and-volunteer-partnership-rapid-response-covid
Strategaeth ar gyfer cymdeithas sy'n heneiddio: Cymru o blaid pobl hŷn	Mae Llywodraeth Cymru wedi lansio ymgynghoriad cyhoeddus ar ein Strategaeth ar gyfer Cymdeithas sy'n Heneiddio. Mae'r strategaeth yn nodi ein gweledigaeth ar gyfer Cymru Cymru o blaid pobl hŷn ac sy'n cefnogi pobl o bob oed i fyw ac heneiddio'n dda.	https://llyw.cymru/strategaeth-ar-gyfer-cymdeithas-syn-heneiddio-cymru-o-blaid-pobl-hyn Datganiad Ysgrifenedig: Dolen i'r ddatganiad	Age Friendly Wales: Our Strategy for an Ageing Society	Welsh Government has launched a public consultation on our Strategy for an Ageing Society. The strategy sets out our vision for an age friendly Wales that supports people of all ages to live and age well.	https://gov.wales/strategy-ageing-society-age-friendly-wales Written statement: https://gov.wales/written-statement-launch-public-consultation-strategy-ageing-society
Datganiad Ysgrifenedig: Newidiadau i'r cyfnod hunanynysu	Datganiad ysgrifennedig gan Vaughan Gething AS, Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol	https://llyw.cymru/datganiad-ysgrifenedig-newidiadau-ir-cyfnod-hunanynysu	Written statement: Changes to self-isolation period	Written statement by Vaughan Gething MS, Minister for Health and Social Services	https://gov.wales/written-statement-changes-self-isolation-period



Lleihau'r cyfnod hunan-ynysu a chwarantin ar gyfer y coronafeirws i ddeng niwrnod yng Nghymru	O ddydd iau Rhagfyr 10fed, mae'r amser y mae'n rhaid i bobl hunan-ynysu wedi cael ei leihau o 14 niwrnod i ddeg yng Nghymru.	https://llyw.cymru/lleihau-cyfnod-coronafeirws-hunanyndysu-i-ddeng-niwrnod-ying-nghymru	Coronavirus self-isolation and quarantine reduced to 10 days in Wales	As of Thursday 10 December, the time people have to self-isolate for coronavirus has been reduced from 14 days to 10 in Wales.	https://gov.wales/coronavirus-self-isolation-and-quarantine-reduced-ten-days-wales
Canllawiau ar adael eich cartref a gweld pobl eraill: coronafeirws	Canllawiau ar reoliad 8 o Reoliadau Diogelu Iechyd (Cyfngiadau Coronafeirws) (Cymru) 2020.	https://llyw.cymru/canllawiau-ar-adael-eich-cartref-gweld-pobl-eraill-coronafeirws	Guidance on leaving your home and seeing other people: coronavirus	Guidance on regulation 8 of the Health Protection (Coronavirus Restrictions) (Wales) Regulations 2020.	https://gov.wales/guidance-leaving-your-home-and-seeing-other-people-coronavirus
Canllawiau cadw pellter cymdeithasol y coronafeirws (COVID-19) i bawb yng Nghymru	Canllawiau ar gadw pellter cymdeithasol i bawb yng Nghymru.	https://llyw.cymru/coronafeirws-cadw-pellter-cymdeithasol	Coronavirus (COVID-19) social distancing guidance for everyone in Wales	Guidance on social distancing for everyone in Wales.	https://gov.wales/coronavirus-social-distancing-guidance
Adnodd asesu risg COVID-19 ar gyfer y gweithlu	Gwirio os oes risg uwch i chi gael symptomau mwy difrifol os ydych yn dod i gyswilt â COVID-19. Mae'r adnodd yma'n eich helpu chi i ystyried eich ffactorau risg personol ar gyfer COVID-19 ac yn argymhell sut gallwch aros yn ddiogel.	https://llyw.cymru/adnodd-asesu-risg-covid-19-ar-gyfer-y-gweithlu	COVID-19 workforce risk assessment tool	. Check if you are at higher risk of more serious symptoms if you come into contact with COVID-19. This tool helps you consider your personal risk factors for COVID-19 and suggests how to stay safe.	https://gov.wales/covid-19-workforce-risk-assessment-tool



Hunanyntysu: canllawiau aros gartref i aelwydydd â choronafeirws posibl	Sut i hunanyntysu ac edrych ar ôl eich hun yn y tŷ os oes haint coronafeirws posibl yn eich cartref.	https://llyw.cymru/hunanyntysu-canllawiau-atos-gartref-i-aelwydydd-coronafeirws-posibl	Self-isolation: stay at home guidance for households with possible coronavirus	How to self-isolate and look after yourself at home if there is possible coronavirus infection in your household. https://gov.wales/self-isolation-stay-home-guidance-households-possible-coronavirus
Olrain cysylltiadau: os oes cadarnhad eich bod wedi dod i gysylltiad â rhywun sydd â'r coronafeirws	Esbonio sut mae'r system olrhain cysylltiadau'n gweithio os ydych wedi eich cadarnhau fel cyswllt person sydd wedi cael prawf positif am y coronafeirws.	https://llyw.cymru/olrhain-cysylltiadau-os-oes-cadarnhad-eich-bod-wedi-dod-i-gysylltiad-rhywun-sydd-ar-coronafeirws	Contact tracing: if you are a confirmed contact	Explains how the contact tracing system works if you are a confirmed contact of someone who has tested positive for coronavirus. https://gov.wales/contact-tracing-if-you-are-confirmed-contact
Cadw dysgwyr yn ddiogel mewn addysg	Gwybodaeth a chanllawiau ategol i helpu ysgolion a darparwyr eraill i gadw dysgwyr yn ddiogel.	https://llyw.cymru/cadw-dysgwyr-yn-ddiogel-mewn-addysg	Keeping learners safe in education	Information and supporting guidance to help schools and other providers to keep learners safe. https://gov.wales/keeping-learners-safe-education
Gwiriad olrhain cysylltiadau dyddiol: symptomau, canllawiau a chymorth	Dilynwch y canllawiau os rydych wedi cael eich cysylltu gan Gwasanaeth Profi, Olrhain, Diogelu GIG Cymru.	https://llyw.cymru/gwiriad-olrhain-cysylltiadau-dyddiol-symptomau	Daily contact tracing check: symptoms, guidance and support	Follow this guidance if you have been contacted by the NHS Wales Test, Trace, Protect Service. https://gov.wales/daily-contact-tracing-check-symptoms-guidance-and-support



		canllawiau-chymorth		
Profion wrthgyrff: coronafeirws (COVID-19)	Esbonio profi am wrthgyrff ar gyfer COVID-19 gan gynnwys na all ddweud wrth bobl os oes ganddynt imiwnedd.	https://llyw.cymru/profion-wrthgyrff-coronafeirws-covid-19	Antibody testing: coronavirus (COVID-19)	Explains antibody testing for COVID-19 including that it cannot tell people whether they are immune. https://gov.wales/antibody-testing-coronavirus-covid-19
Lleoliadau addysg: profi am coronafeirws, olrhain cysylltiadau a chanllawiau ap Covid-19 y GIG	Gwybodaeth profi am coronafeirws, olrhain cysylltiadau ac ap COVID-19 y GIG.	https://llyw.cymru/lleoliadau-addysg-profi-am-coronafeirws-olrhain-cysylltiadau-chanllawiau-ap-covid-19-y-gig	Education settings: coronavirus testing, contact tracing and NHS COVID-19 app guidance	Information on coronavirus testing, contact tracing and the NHS COVID-19 app. https://gov.wales/education-settings-coronavirus-testing-contact-tracing-and-nhs-covid-19-app-guidance
Canllawiau ar weithio yng nghartrefi pobl eraill	Mae'r ddogfen hon i helpu cyflogwyr, cyflogeon a'r hunan-gyflodgedig ac eraill (megis gwirfoddolwyr) sy'n gweithio yn neu ger gartrefi pobl (pan nad yw'r gwaith yn golygu cysylltiad corfforol agos) i ddeall sut i weithio'n ddiogel, gan gymryd camau i leihau y perygl o ddod i gysylltiad â COVID-19.	https://llyw.cymru/canllawiau-ar-weithio-ynghartrefi-pobl-eraill-0	Guidance for working in other people's homes	This document is to help employers, employees, and the self-employed and others (such as volunteers) working in or at people's homes (where the work does not require close physical contact) to understand how to work safely, taking measures to minimise the risk of exposure to COVID-19. https://gov.wales/guidance-working-other-peoples-homes
Mesurau diogelu mewn lleoliadau gofal plant: cadw gofal plant yn ddiogel	Sut i baratoi eich gwasanaeth gofal plant i ganiatáu i fwy o blant fynychu, a'u diogelu nhw a'ch staff rhag y coronafeirws.	https://llyw.cymru/mesurau-diogelu-mewn-lleoliadau-gofal-plant-	Protective measures in childcare settings: keep childcare safe	How to get your childcare service ready to allow more children to attend and protect them and your staff from coronavirus. https://gov.wales/protective-measures-childcare-settings-keep-childcare-safe



		cadw-gofal-plant-yn-ddiogel		
Cyflogwyr: canllawiau profi, olrhain, diogelu y coronafeirws	Cyfrifoldebau cyflogwyr i helpu gyda phrofion coronafeirws ac olrhain cyswllt.	https://llyw.cymru/cyflogwyr-canllawiau-profi-olrhain-diogelu-y-coronafeirws	Employers: coronavirus test, trace, protect guidance	Employers' responsibilities to help with coronavirus testing and contact tracing. https://gov.wales/employers-coronavirus-test-trace-protect-guidance
Datganiad Ysgrifenedig: Ysgolion uwchradd a cholegau Cymru yn symud i ddysgu ar-lein o ddydd Llun 14 Rhagfyr ymlaen fel rhan o ymdreh genedlaethol i atal trosglwyddo'r coronafeirws	Datganiad ysgrifennedig gan Kirsty Williams, y Gweinidog Addysg	https://llyw.cymru/datganiad-ysgrifenedig-ysgolion uwchradd-cholegau-cymru-yn-symud-i-ddysgu-ar-lein-o-ddydd-llun-14	Written Statement: Secondary schools and colleges in Wales will move to online learning from Monday 14 December 2020 as part of the national effort to reduce coronavirus transmission	Written statement by Kirsty Williams, Minister for Education https://gov.wales/written-statement-secondary-schools-and-colleges-wales-will-move-online-learning-monday-14-december
Datganiad Ysgrifenedig: Pwysau ar y GIG	Datganiad ysgrifennedig gan Vaughan Gething, Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol	Https://llyw.cymru/datganiad-ysgrifenedig-pwysau-ar-y-gig	Written Statement: NHS Pressures	Written statement by Vaughan Gething, Minister for Health and Social Services https://gov.wales/written-statement-nhs-pressures



Llywodraeth Cymru yn cyhoeddi cynlluniau ar gyfer profion cyfresol mewn ysgolion a cholegau o fis Ionawr ymlaen	Mae Llywodraeth Cymru wedi cyhoeddi cynlluniau i cyflwyno profion cyfresol mewn ysgolion a cholegau o fis Ionawr ymlaen.	https://llyw.cymru/llywodraeth-cymru-yn-cyhoeddi-cynlluniau-ar-gyfer-proflen-cyfresol-mewn-ysgolion-cholegau-o-fis-ionawr-ymlaen	Welsh Government announce plans for serial testing in schools and colleges from January	The Welsh Government has announced plans to roll out serial testing in schools and colleges from January.	https://gov.wales/welsh-government-announce-plans-serial-testing-schools-and-colleges-january
Sut i hunanynysu pan fyddwch yn teithio i Gymru: coronafeirws (COVID-19)	Yr hyn y mae'n rhaid i chi ei wneud i ddiogelu Cymru rhag y coronafeirws wrth gyrraedd o wlad dramor.	https://llyw.cymru/sut-i-hunanynysu-pan-fyddwch-yn-teithio-i-gymru-coronafeirws-covid-19	How to self-isolate when you travel to Wales: coronavirus (COVID-19)	What you must do to keep Wales safe from coronavirus when arriving from abroad.	https://gov.wales/how-self-isolate-when-you-travel-wales-coronavirus-covid-19

Dolenni defnyddiol / Useful links:

Gofal Cymdeithasol Cymru – tudalennau gwe COVID-19 https://gofalcymdeithasol.cymru/gwella-gwasanaethau/gwybodaeth-ac-adnoddau-ich-tywys-trwy-covid-19	Social Care Wales – Covid-19 web pages: https://socialcare.wales/service-improvement/information-and-resources-to-guide-you-through-covid-19
GofalwnCymru – Swyddi diweddaraf https://www.wecare.wales/jobs/	WeCareWales – Latest Jobs https://www.wecare.wales/jobs/
ADSS Cymru – Cefnogaeth i Ddarparywr a Gomisiynwyd https://www.adss.cymru/cy/blog/post/covid19-commissioners	ADSS Cymru – Support for Commissioned Providers https://www.adss.cymru/en/blog/post/covid19-commissioners



Iechyd Cyhoeddus Cymru, Datganiadau Dyddiol am 2yp:

<https://covid19-phwstatement.nhs.wales/>

Dangosfwrdd Data Coronafeirws Iechyd Cyhoeddus Cymru

<https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary>

Arolygaeth Gofal Cymru, Cwestiynau Cyffredin:

<https://arolygiaethgofal.cymru/coronafeirws-covid-19-cwestiynau-cyffredin>

Public Health Wales, Daily 2pm Statements:

<https://covid19-phwstatement.nhs.wales/>

Public Health Wales Coronavirus Data Dashboard

<https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary>

Care Inspectorate Wales, FAQs:

<https://careinspectorate.wales/coronavirus-covid-19-frequently-asked-questions-faqs>