

Safeguarding Week 2025 (10th – 14th November) Online Harm: Keeping Yourself and Others Safe

Cwm Taf Morgannwg Safeguarding Board's Activity Programme

To view the Cwm Taf Morgannwg University Health Board's Safeguarding Week Programme, please select this [link](#).

Monday, 10 th November				
Event/Activity and Details	Time	Target Audience	Location	Facilitator and Booking Details
<p>Signs & Indicators of Child Sexual Abuse</p> <p>Are you confident in your knowledge of the signs and indicators of sexual abuse and sexually abusive behaviour?</p> <p>Would you like advice on using our Signs and Indicators Template to build a picture of your concerns when you are worried about a child?</p> <p>This free webinar gives professionals working with children the knowledge and confidence to</p>	9:30am – 10:30am	This course is for any professional whose role may involve contact with children, including those in social care, health (primary care, mental health, accident and emergency, midwifery, health visiting, sexual health), police, adoption services, fostering services, schools and any other relevant services in contact with children, young people, parent(s) or carer(s).	Online	<p>Centre of Expertise on Child Sexual Abuse</p> <p>To book a place, please do so via this link:</p>

<p>gather the wider the emotional, behavioural and physical signs and indicators of sexual abuse.</p> <p>About this webinar</p> <p>Research indicates that just one in three children who had been sexually abused by an adult told anyone at the time.</p> <p>Understandably, children often find it very difficult to tell us about the sexual harm they are experiencing.</p> <p>There are many barriers to children sharing their experiences of sexual abuse. We know from research and data that it simply isn't likely that a child will feel able to tell professionals directly what is happening or recognise that what is happening to them is abuse. Instead, they may show other emotional, behavioural and physical signs of their abuse.</p> <p>The CSA Centre's free Signs and Indicators Template helps professionals build a picture of their concerns when they are worried that a child or young person they are working with is being, or has been, sexually abused.</p> <p>This one-hour session will introduce professionals to the Signs and Indicators Template and give an opportunity to use it in practice.</p> <p>It aims to give professionals working with children the knowledge and confidence to act when they are concerned about a child. Both the</p>		<p>The timings of the webinars have been selected to ensure that anyone, no matter their profession, should find a convenient time be able to attend.</p>		
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template and this webinar have been designed to support professionals across a range of organisations and agencies to systematically observe, record and communicate their concerns about the signs which may indicate child sexual abuse.

What can you expect to gain?

Following the webinar, you can expect to have:

- An understanding of the Signs and Indicators Template and how to use it in practice.
- The ability to build a picture of concerns when you are worried a child is being, or has been, sexually abused.
- Greater knowledge of the emotional, behavioural and physical signs of sexual abuse and sexually abusive behaviour, and the factors that increase children’s vulnerability to this form of harm.
- Greater confidence in identifying, discussing, exploring and communicating concerns that a child is being sexually abused.

Who will run the webinar?

This course will be led by an expert trainer who has significant experience in working with children and families where sexual abuse is a

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<p>concern, delivering training, and working within multi-agency safeguarding arrangements.</p>				
<p>Rise of the use of social media to recruit young people to travel abroad to bring back illegal packages and to receive postal packages.</p> <p>A case study - Online grooming and recruitment of children in the Cwm Taf Morgannwg region for the purpose of Child Criminal Exploitation.</p>	<p>10am – 11am</p>	<p>Professionals</p>	<p>Online</p>	<p>Independent Child Trafficking Guardian Service, Barnardo's</p> <p>To book a place, please do so via this link.</p>
<p>Online Harms in the Context of Domestic Abuse</p> <p>The aims of this training are to:</p> <ul style="list-style-type: none"> ▪ Understand the definition of Domestic Abuse and Coercive Control ▪ Increase knowledge around online abuse and what it is ▪ Increase knowledge of the law of Coercive Control and online abuse ▪ Understand the methods and technologies used in online abuse ▪ Recognise signs of online abuse and interventions available. 	<p>11am – 12pm</p>	<p>Professionals</p>	<p>Online</p>	<p>Cwm Taf Morgannwg Domestic Abuse Services: Assia, Oasis Centre, RCT Domestic Abuse Service and Safer Merthyr Tydfil.</p> <p>To book a place, please do so via this link.</p>

<p>Bridgend College has arranged several activities to take place at the 'Blue Space' on the Bridgend Campus, including the following:</p> <ul style="list-style-type: none"> ▪ The Tarian Cyber Crime Unit will host a stand and provide presentations on fraud and cyber prevention. ▪ Knife Awareness ▪ The Cwm Taf Morgannwg Safeguarding Board will be raising awareness of regional safeguarding issues, with a focus on online safety. ▪ The Samaritans will host a wellbeing and listening stand. ▪ Wisdom (Mental Health) will offer guidance and signposting on mental wellbeing. 	12pm – 2pm	Students and staff at Bridgend College	Bridgend College	<p>Bridgend College</p> <p>For information, please e-mail swhitehouse@bridgend.ac.uk</p>
Tuesday, 11th November				
Event/Activity and Details	Time	Target Audience	Location	Facilitator and Booking Details
<p>Cybercrime – Digital Stalking and Harassment (including Violence Against Women and Girls)</p> <p>This presentation will introduce Cybercrime and its evolution of the years. It will highlight the impact on Digital Stalking and Harassment and additionally provide an explanation of what can</p>	10am – 11am	<p>This session is suitable for professionals, clients and general members of the public who wish to understand the challenges of technology enabled stalking and harassment.</p>	Online	<p>South Wales Police</p> <p>To book a place, please do so via this link.</p>

<p>be done to assist in the combat against Violence Against Women and Girls.</p>				
<p>Online Harms in the Context of Domestic Abuse</p> <p>The aims of this training are to:</p> <ul style="list-style-type: none"> ▪ Understand the definition of Domestic Abuse and Coercive Control ▪ Increase knowledge around online abuse and what it is ▪ Increase knowledge of the law of Coercive Control and online abuse ▪ Understand the methods and technologies used in online abuse ▪ Recognise signs of online abuse and interventions available. 	<p>11am – 12pm</p>	<p>Professionals</p>	<p>Online</p>	<p>Cwm Taf Morgannwg Domestic Abuse Services: Assia, Oasis Centre, RCT Domestic Abuse Service and Safer Merthyr Tydfil.</p> <p>To book a place, please do so via this link.</p>
<p>Speaking to Children About Child Sexual Abuse</p> <p>Do you know how to speak to children when you think they may have been sexually abused? Or how to respond when children tell us they are being or have been sexually harmed? This free webinar aims to help professionals understand what they can do to help children by putting our Communicating with children guide into practice.</p> <p>About this webinar</p>	<p>11am – 12pm</p>	<p>This course is for any professional whose role may involve contact with children, including those in social care, health (primary care, mental health, accident and emergency, midwifery, health visiting, sexual health), police, adoption services, fostering services, schools and any other relevant services. The timings of this webinar series have been selected to ensure</p>	<p>Online</p>	<p>Centre of Expertise on Child Sexual Abuse</p> <p>To book a place, please do so via this link:</p>

<p>We know that it can take many years for a child to get to the point where they feel able to tell someone about their experiences of sexual abuse. It's vital that anyone who works with children knows how to recognise what is happening and understands how to help the child have that conversation.</p> <p>This free one-hour webinar aims to help give professionals the knowledge and confidence to act, using the CSA Centre's Communicating with Children Guide. In this session we will explain what may be going on for children when they are being sexually abused, what prevents them from talking about their abuse, and what professionals can do to help children speak about what is happening.</p> <p>Following the webinar, you can expect to have:</p> <ul style="list-style-type: none"> • A good understanding of how the Communicating with children guide can support you in your work • Increased awareness and understanding of the barriers children face in telling • A greater understanding of the professional behaviours that can give children the confidence to speak out • Increased knowledge and confidence in how to respond when a child tells of their abuse 		<p>that anyone, no matter their profession, should find a convenient time to be able to attend.</p>		
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<p>Who will run the webinar?</p> <p>This course will be led by an expert trainer who has significant experience in working with children and families where sexual abuse is a concern, delivering training, and working within multi-agency safeguarding arrangements.</p>				
<p>Social Media and Substance Use</p> <p>A 2-hour training session to explore the changing world of social media platforms and their influence on substance use.</p> <p>The session will cover how drugs are obtained and sold online, the role of online forums and chatrooms, and how these digital spaces can link to county lines activity.</p> <p>We will also highlight practical strategies for keeping safe online.</p>	<p>10am - 12pm.</p>	<p>For parents and professionals</p>	<p>YMa Pontypridd 28 Taff St. Pontypridd CF37 4TS</p>	<p>Barod and Choices</p> <p>To book a place, please do so via this link</p> <p>Or email Natasha.biella@barod.cymru</p>
<p>Digital Resilience</p> <p>As technology and the internet changes, so does the risk to children. Explore how to keep children and young people safe online. Increase your confidence in communicating about internet safety. Understand legislation,</p>	<p>1:30pm – 2:30pm</p>	<p>Parents/carers</p>	<p>Online</p>	<p>Lucy Faithfull Foundation</p> <p>To book a place, please do so via this link</p>

concerning behaviours online, and consider the development of a digital safety plan.				
<p>Tackling and Preventing Exploitation</p> <p>If you work with children and young people in Bridgend, RCT or Merthyr, then take this opportunity to join this online session to find out about the various forms of exploitation and serious violence, as well as learning about Cwm Taf Morgannwg’s regional exploitation strategy and the guidance and tools available to support you in this area of work.</p>	2:30pm – 3:30pm	Professionals	Online	<p>Bridgend County Borough Council</p> <p>To book a place, please do so via this link</p>

<p>Bridgend College has arranged for several activities to take place at the 'Yellow Space' on the Pencoed Campus, including the following:</p> <ul style="list-style-type: none"> ▪ Knife Crime Awareness ▪ Wisdom (Mental Health) - Providing wellbeing resources. ▪ Samaritans - Supporting emotional wellbeing and active listening. ▪ Cwm Taf Morgannwg Safeguarding Board – Promoting online safety as this year's regional theme for Safeguarding Week. ▪ Tarian Cyber Crime Unit Delivering sessions on cyber awareness and fraud prevention. 	<p>12pm – 2pm</p>	<p>Students and staff at the Pencoed Campus of Bridgend College.</p>	<p>Bridgend College.</p>	<p>Bridgend College</p> <p>For information, please e-mail swhitehouse@bridgend.ac.uk</p>
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Wednesday, 12th November

Event/Activity and Details	Time	Target Audience	Location	Facilitator and Booking Details
<p>Digital Development: Children Technology and Online Behaviour</p> <p>Over the past decade technology access has increased for all groups within society. For children and young people most aspects of life today have an online element, including education, social relationships, and entertainment.</p> <p>This workshop will focus on research and practice evidence regarding Child Sexual Exploitation (CSE) and Harmful Sexual Behaviour (HSB), highlighting factors to consider when identifying, assessing, and intervening with children and young people who either harm or have come to harm online. It will provide insight into the factors that increase risk to harm and vulnerability to be harmed for children in digital spaces, as well as what this means for recovery and intervention.</p> <p>This workshop will be interactive in nature, use case study examples and provide delegates with practise resources to use in direct work with children and families affected by child sexual abuse, including CSE and HSB.</p>	<p>9:30am – 11:30am</p>	<p>Professionals</p>	<p>Online</p>	<p>Better Futures, Barnardo's</p> <p>To book a place, please do so via this link</p>

<p>Following this training delegates will be able to:</p> <ul style="list-style-type: none"> • Consider how children are developing online and how these impacts on their sexual development. • Identify sexual behaviour concerns online using the continuum of online sexual behaviours. • Provide proportionate responses to children who are harmed online or who harm others in this context. • Understand vulnerability of children and young people to being harmed/abused online, including the impact of this on CYP and families. • Create workable safety plans to promote healthy child development online while managing risks associated with digital spaces. 				
<p>Online Harms in the Context of Domestic Abuse</p> <p>The aims of this training are to:</p> <ul style="list-style-type: none"> ▪ Understand the definition of Domestic Abuse and Coercive Control ▪ Increase knowledge around online abuse and what it is ▪ Increase knowledge of the law of Coercive Control and online abuse 	<p>11am – 12pm</p>	<p>Professionals</p>	<p>Online</p>	<p>Cwm Taf Morgannwg Domestic Abuse Services: Assia, Oasis Centre, RCT Domestic Abuse Service and Safer Merthyr Tydfil.</p> <p>To book a place, please do so via this link.</p>

<ul style="list-style-type: none"> Understand the methods and technologies used in online abuse Recognise signs of online abuse and interventions available. 				
<p>It's Not Love – Professional Learning Session</p> <p>‘It's Not Love’ is a set of educational resources designed to help young people aged 11–14 understand healthy and unhealthy relationships.</p> <p>The materials explore themes such as domestic abuse, coercive control, and harmful sexual behaviours in peer and family contexts.</p> <p>The resource pack includes:</p> <ul style="list-style-type: none"> Three short films Lesson plans following four characters navigating different types of relationship abuse A curriculum mapping document <p>These resources support young people to explore the impact of the decisions that the characters make and investigate potential allies and intervention moments, while also exploring the questions surrounding what a healthy and unhealthy relationship is.</p>	3:30pm – 4:30pm	Professionals working with children aged 11–14+	Online	<p>NSPCC</p> <p>To book a place, please do so via this link</p>

<p>The resources seek to prevent harmful sexual behaviours and coercive control that may lead to adult domestic violence and abuse in intimate partner relationships.</p> <p>The NSPCC Local Campaigns team is hosting a session for professionals working with children aged 11–14+ to introduce the resources and answer questions.</p>				
<p>Online Safety</p> <p>Power talks and training from several organisations to promote better support for people over the age of 50.</p>	<p>10:30am – 3pm</p>	<p>Professionals working with older people</p>	<p>Cynon Linc, Seymour Street, Aberdare, CF44 7BD</p>	<p>Age Connects Morgannwg</p> <p>To register to join this event, please e-mail keiran.ogier@acmorgannwg.org.uk</p>
<p>Protecting Children Online</p> <p>A session for practitioners and parents/carers on protecting children and young people online, which will cover the following:</p> <ul style="list-style-type: none"> • How children use technology and the risks • Gaming/loot boxes/in app purchases etc • Social media and buying drugs through Apps • Bullying online and the impact • Online radicalisation and extremism 	<p>2pm – 4pm</p>	<p>Professionals and parents/carers</p>	<p>Online</p>	<p>Adferiad</p> <p>To book a place, please do so via this link</p>
<p>Social Media and Substance Use</p>	<p>10am - 12pm</p>	<p>For parents and professionals</p>	<p>Celtic Court, Tremains</p>	<p>Barod and Choices</p>



<p>A 2-hour training session to explore the changing world of social media platforms and their influence on substance use.</p> <p>The session will cover how drugs are obtained and sold online, the role of online forums and chatrooms, and how these digital spaces can link to county lines activity.</p> <p>We will also highlight practical strategies for keeping safe online.</p>			Road, Bridgend CF31 1TZ	To book a link, please do so via this link . Or email Natasha.biella@barod.cymru
<p>National Independent Safeguarding Board (NISB) Conference</p> <p>This year's conference will place a particular focus on children, with a specific emphasis on transitional safeguarding. We are very pleased to announce that in addition to ManMet colleagues and colleagues from Care Inspectorate Wales, Professor Cocker of the University of East Anglia will also be joining us as one of our keynote speakers, exploring the crucial topic of transitional safeguarding.</p> <p>As part of our ongoing commitment to the annual dissemination learning from either Adult or Child Practice Reviews, a key focus of this year's event will be sharing lessons from a cohort of Child Practice Reviews published across all regions, during the last 2yrs.</p> <p>Further details and a full agenda will be shared closer to the date.</p>	TBC	Professionals	Online	<p>National Independent Safeguarding Board (NISB)</p> <p>Agenda and booking link to follow</p>

<p>Bridgend College have arranged for South Wales Police to deliver Tarian and Cyber Crime sessions during tutorials.</p> <p>Online Safety workshops will also be delivered through practical awareness activities.</p>	<p>During the students' tutorials</p>	<p>Students</p>	<p>Bridgend College</p>	<p>Bridgend College</p> <p>For information, please e-mail swhitehouse@bridgend.ac.uk</p>
<p>Thursday, 13th November</p>				
Event/Activity and Details	Time	Target Audience	Location	Facilitator and Booking Details
<p>Online Harm: Keeping Yourself and Others Safe</p> <p>An in-person community event being held in Merthyr Tydfil town centre to provide people with information on how to keep yourself and others safe online.</p> <p>There will be many organisations at the event, representing various services.</p>	<p>10am - 4pm</p>	<p>Open to all</p>	<p>Merthyr Tydfil Town Centre Hub</p> <p>3, Newmarket Walk Merthyr Tydfil CF47 8EL</p>	<p>Cwm Taf Morgannwg Safeguarding Board</p> <p>For information on this event, please contact ctmsafeguarding@rctcbc.gov.uk</p>
<p>Introduction to the Independent Child Trafficking Guardian (ICTG) Service</p> <p>Join staff from the Independent Child Trafficking Guardianship Service to introduce who they are, the history of the service, what exploitation is and trafficking and how they support young people who have been or are at risk of exploitation and trafficking.</p>	<p>10am – 11am</p>	<p>Professionals</p>	<p>Online</p>	<p>Independent Child Trafficking Guardian Service, Barnardo's</p> <p>To book a place, please do so via this link</p>

<p>Online Fraud Awareness</p> <p>Information Session Delivered by Tarian, South Wales Police.</p>	<p>10:30am 11:45am</p>	<p>Open to all</p>	<p>Online</p>	<p>BAVO</p> <p>To book a place, please do so via this link</p>
<p>Digital Resilience</p> <p>As technology and the internet changes, so does the risk to children. Explore how to keep children and young people safe online. Increase your confidence in communicating effectively about internet safety. Understand legislation, concerning behaviours online and consider the development of a digital safety plan.</p>	<p>1:30pm – 4pm</p>	<p>Professionals</p>	<p>Online</p>	<p>Lucy Faithfull Foundation</p> <p>To book a place, please do so via this link</p>
<p>National Referral Mechanism (NRM) training for professionals.</p> <p>A session to explain what the National Referral Mechanism is, how and when to use it to report victims and potential victims of exploitation, trafficking and modern-day slavery with a focus on online grooming and exploitation.</p>	<p>2pm – 3pm</p>	<p>Professionals</p>	<p>Online</p>	<p>Independent Child Trafficking Guardian Service, Barnardo's</p> <p>To book a place, please do so via this link</p>
<p>Active Wellbeing Sessions</p> <p>Self-defence classes will be available to all students and will be delivered by the 'Active Wellbeing Team'.</p>	<p>N/A</p>	<p>Students and staff at Bridgend College</p>	<p>Bridgend College</p>	<p>Bridgend College</p> <p>For information, please e-mail swhitehouse@bridgend.ac.uk</p>

<p>There will be training opportunities for staff and student wellbeing ambassadors on Mental Health First Aid (Children).</p>				
<p>Safeguarding Spotlight Session – Offensive Weapons Homicide Review (OWHR)</p> <p>In this session, Welsh Government representatives and the OWHR Review Panel will guide you through the purpose of the review and will outline their recommendations for social housing providers as a result of their findings.</p> <p>There will also be the opportunity to ask questions.</p>	<p>10:30am – 12:30pm</p>	<p>Housing practitioners</p>	<p>Online</p>	<p>Community Housing Cymru</p> <p>To register to join this session, please select this link.</p>
<p>Child Sexual Exploitation Awareness</p> <p>Understand how and why child sexual exploitation happens. Explore risk factors, signs and indicators. Learn where to get help and how positive preventative action can help protect children and young people from exploitation.</p>	<p>6pm – 7:30pm</p>	<p>Parents/carers</p>	<p>Online</p>	<p>Lucy Faithfull Foundation</p> <p>To book a place, please do so via this link</p>

Friday, 14th November

Event/Activity and Details	Time	Target Audience	Location	Facilitator and Booking Details
<p>Social Media and Substance Use</p> <p>A 2-hour training session to explore the changing world of social media platforms and their influence on substance use.</p> <p>The session will cover how drugs are obtained and sold online, the role of online forums and chatrooms, and how these digital spaces can link to county lines activity.</p> <p>We will also highlight practical strategies for keeping safe online.</p>	10-12pm	For parents and professionals	Cynon Linc Seymour St, Aberdare CF44 7BD	<p>Barod and Choices</p> <p>To book a link, please do so via this link.</p> <p>Or email Natasha.biella@barod.cymru</p>
<p>Toxic Masculinity</p> <p>FURTHER INFO TO FOLLOW</p>	10am – 12pm	Professionals	Online	<p>New Pathways</p> <p>BOOKING LINK TO FOLLOW</p>
<p>Whole College Reflection and Awareness</p> <p>Bridgend College will be doing a round-up of Safeguarding Week via student tutorials and Happio Features.</p> <p>Reflection and resources will be shared by the Wellbeing and Safeguarding Team, promoting continued awareness beyond the week.</p>	N/A	Students and staff at Bridgend College	Bridgend College	<p>Bridgend College</p> <p>For information, please e-mail swhitehouse@bridgend.ac.uk</p>

Events taking place throughout the week

Event/Activity and Details	Target Audience	Facilitator
<p style="text-align: center;">Right Hook Project</p> <p>Raising awareness of online harm and safeguarding advice provided during sessions.</p>	Children and young people enrolled on the project	Cwm Taf Youth Justice Service
Information will be provided during the week to volunteers which raises awareness of online harm and provides safeguarding advice.	Only available to Youth Justice Service Volunteers	Cwm Taf Youth Justice Service
Parenting Support service: Raising awareness of online harm and safeguarding advice provided during sessions	Available to parents receiving Youth Justice Service parenting support, who are receiving an intervention during this week.	Cwm Taf Youth Justice Service
Substance Misuse Support service: Raising awareness of online harm and safeguarding advice provided during sessions.	All children and young people receiving a substance misuse intervention from the Youth Justice Service during this week.	Cwm Taf Youth Justice Service
Youth Justice Service Health Interventions: Raising awareness of online harm and safeguarding advice provided during sessions.	All children and young people receiving a health intervention from the Youth Justice Service during this week.	Cwm Taf Youth Justice Service
Youth Justice Service Education Interventions: Raising awareness of online harm and safeguarding advice provided during sessions.	All children and young people receiving an education intervention from the Youth Justice Service during this week.	Cwm Taf Youth Justice Service
Youth Justice Service Reparation Interventions: Raising awareness of online harm and safeguarding advice provided during sessions	All children and young people undertaking reparative activity with the Youth Justice Service during this week	Cwm Taf Youth Justice Service

Events taking place the following week

Event/Activity and Details	Target Audience	Facilitator
<p>Secondary Schools Workshop Day</p> <p>This will be taking place on Monday 17th November, with the aim of the day being for each of the four secondary schools in Merthyr Tydfil to representatives along to a central venue to develop a digital citizenship plan for their school.</p>	<p>Students from Secondary Schools in Merthyr Tydfil.</p>	<p>Merthyr Tydfil's Education Department</p> <p>Contact greg.morgan@merthyr.gov.uk for information.</p>
<p>Primary Student Safeguarding Conference</p> <p>This conference will take place on Tuesday 25th November from 9am until 1pm.</p> <p>It will be used to launch a Learner Charter/Code of Conduct when in group chats as based on feedback, this is one of the biggest concerns for schools.</p> <p>There will also be various workshops for the learners to attend.</p>	<p>Students from Primary Schools in Merthyr Tydfil.</p>	<p>Merthyr Tydfil's Education Department</p> <p>Contact greg.morgan@merthyr.gov.uk for information.</p>