

Cwm Taf Morgannwg Domestic Abuse Perpetrator Interventions

NB for further information and eligibility criteria for Driving Change, Clear and Family Programme – please go to <https://www.smt.org.uk/>

Service	Referral Pathway	Risk Level / Eligibility	Intervention Type	Additional info
CARA	Out of Court Disposal-Conditional Caution	Standard risk, first time reported offence	2 sessions, 4 weeks apart. Awareness raising and prevention of escalation.	Repercussions if CARA ‘condition’ is breached.
Clear	Self Referral	Standard risk, early intervention, and awareness	6 weekly sessions on a one-to-one basis and are tailored to meet the needs of each individual. Each session lasts for approximately 1 hour – 1 1/2 hours.	Referral pathways in place should concerning behaviours arise during sessions. Referral to ctmreferrals@smt.org.uk
Driving Change	Self-Referral/ Professional (often Children’s Services)	Standard/ medium risk, recognising harmful behaviour and desire to change.	1-2-1 sessions followed by 26 weekly group sessions.	Sits within suit of interventions to ‘step-up’ or ‘step-down’ where needed. Referral to- ctmreferrals@smt.org.uk
Family Intervention Programme	Self- Referral/ Professional	Standard/ medium	Individual or group sessions over 6 months.	Cwm Taf only Whole Family Approach, supporting family to live together safely or separate amicably. Referral to info@smt.org.uk
Inspiring Families	Referral by professional	Standard/ medium, desire to remain together as a family	10 week assessment of families who are choosing to stay together to help strengthen and stabilise	Bridgend only Work with CYPs in home to include child’s voice. Referral to enquiries@calandvs.org.uk

Drive	MARAC (any agency can refer not MARAC following risk assessment).	High risk, high harm. Multiagency selection.	1-2-1 challenge, support and disrupt approach.	Holistic, multi-agency approach working closely with police, HMPPS and wider. Referral only through MARAC discussion
Building Better Relationships	Court ordered upon conviction	High/ medium	CBT Programme run in community or custodial setting.	Responds to individual needs, and opportunities to develop skills.