



Self Neglect

Duration: 5 Hours

Delivery: In Person or Online

This course is designed to provide participants with a comprehensive understanding of self-neglect, including its causes, impact, and the complexities surrounding risk, autonomy, and protection. It equips professionals with the knowledge and skills needed to recognise, assess, and respond effectively, while promoting collaborative, multi-agency approaches.

Course Aims

- To enhance participants' knowledge of the possible causes of self-neglect, whether deliberate or unintentional.
- To develop understanding of the three main types of self-neglect and the cycle of self-neglect.
- To explore the connection between mental health and self-neglect.
- To support participants in recognising the signs of self-neglect and how to react upon recognising signs of self-neglect.
- To examine the balance between autonomy, risk, and protection in safeguarding practice.
- To identify the benefits of multi-agency work and processes when responding to self-neglect

Course Outcomes

Learners will have:

- Increased understanding of the causes and types of self-neglect.
- Improved ability to recognise and respond to signs of self-neglect.
- Greater confidence in managing complex situations involving risk, autonomy, and protection.
- Enhanced awareness of the link between mental health and self-neglect.
- Strengthened knowledge of multi-agency working and its benefits in supporting individuals.
- Improved professional confidence and decision-making when addressing self-neglect.

Book Your Training Today

To book one of our courses, or to request more information, please get in touch with our friendly team at Learn@storicymru.org.uk or use the [enquiry form on our website](#). We'll be happy to help you find the training that best suits your needs.



Hunanesgeulustod

Hyd: Hanner Diwrnod

Dull Cyflwyno: Wyneb yn Wyneb neu Ar-lein

Nod y cwrs hwn yw darparu cyfranogwyr gyda dealltwriaeth gynhwysfawr o hunanesgeulustod, gan gynnwys ei achosion, ei effaith, a'r cymhlethdodau sy'n ymwneud â risg, ymreolaeth ac amddiffyn. Mae'n rhoi'r wybodaeth a'r sgiliau sydd eu hangen ar weithwyr proffesiynol i adnabod, asesu ac ymateb yn effeithiol, wrth hyrwyddo dulliau cydweithredol, amlasiantaethol.

Nodau'r Cwrs

- Gwella gwybodaeth cyfranogwyr am achosion posibl hunanesgeulustod, boed yn fwriadol neu'n anfwriadol.
- Datblygu dealltwriaeth o'r tri phrif fath o hunanesgeulustod a'r cylch o hunanesgeulustod.
- Archwilio'r cysylltiad rhwng iechyd meddwl a hunanesgeulustod.
- Cefnogi cyfranogwyr i adnabod arwyddion hunanesgeulustod a sut i ymateb wrth adnabod arwyddion hunanesgeulustod.
- Archwilio'r cydbwysedd rhwng ymreolaeth, risg ac amddiffyn mewn ymarfer diogelu.
- Nodi manteision gwaith a phrosesau amlasiantaethol wrth ymateb i hunanesgeulustod.

Course Outcomes

Learners will have:

- Increased understanding of the causes and types of self-neglect.
- Improved ability to recognise and respond to signs of self-neglect.
- Greater confidence in managing complex situations involving risk, autonomy, and protection.
- Enhanced awareness of the link between mental health and self-neglect.
- Strengthened knowledge of multi-agency working and its benefits in supporting individuals.
- Improved professional confidence and decision-making when addressing self-neglect.

Archebwch Eich Hyfforddiant Heddiw

I archebu un o'n cyrsiau, neu i ofyn am ragor o wybodaeth, cysylltwch â'n tîm cyfeillgar yn Learn@storicymru.org.uk neu [defnyddiwch y ffurflen ymholiadau ar ein gwefan](#). Byddwn yn hapus i'ch helpu i ddod o hyd i'r hyfforddiant sydd orau i'ch anghenion.