



Understanding Domestic Abuse and Coercive and Controlling Behaviour

Duration: 7 Hours

Delivery: In Person or Online

This course is designed to explore the nature of controlling and coercive behaviour (CCB) and its function within abusive relationships. The course will support learners to identify types of abuse and equip them to support victims and survivors.

Course Aims:

- To increase awareness of the prevalence and impact of domestic abuse.
- To enhance understanding of the dynamics of coercive and controlling behaviour.
- To equip participants with the skills to recognise, assess, and respond to domestic abuse.
- To promote a victim-centred approach to support and intervention.

Course Outcomes:

Learners will have:

- Enhanced understanding of domestic abuse dynamics.
- Recognition of coercive and controlling behaviour.
- Improved risk assessment and safety planning skills.
- Strengthened knowledge of legal and policy frameworks.
- Enhanced victim support and communication skills.
- Increased awareness of appropriate intervention.

Book Your Training Today

To book one of our courses, or to request more information, please get in touch with our friendly team at Learn@storicymru.org.uk or use the [enquiry form on our website](#). We'll be happy to help you find the training that best suits your needs.



Deall Cam-drin Domestig ac Ymddygiad Gorfodaethol a Rheolaethol

Hyd: 7 Awr

Dull Cyflwyno: Wyneb yn Wyneb neu Ar-lein

Mae'r cwrs hwn wedi'i gynllunio i archwilio natur ymddygiad gorfodaethol a rheolaethol a'i swyddogaeth o fewn perthnasoddd camdriniol. Bydd y cwrs yn cefnogi dysgwyr i adnabod mathau o gam-drin a'u cyfarparu i gefnogi dioddefwyr a goroeswyr.

Nodau'r Cwrs:

- Cynyddu ymwybyddiaeth o gyffredinrwydd ac effaith cam-drin domestig.
- Gwella dealltwriaeth o ddynameg ymddygiad gorfodaethol a rheolaethol.
- Darparu cyfranogwyr â'r sgiliau i adnabod, asesu ac ymateb i gam-drin domestig.
- Hyrwyddo dull o gefnogi ac ymyrryd sy'n canolbwyntio ar y dioddefwr.

Deilliannau'r Cwrs:

Bydd gan ddysgwyr:

- Ddealltwriaeth well o ddynameg cam-drin domestig.
- Ymwybyddiaeth o ymddygiad gorfodaethol a rheolaethol.
- Sgiliau asesu risg a chynllunio diogelwch gwell.
- Gwybodaeth fwy cadarn am fframweithiau cyfreithiol a pholisi.
- Sgiliau cymorth a chyfathrebu gwell i ddioddefwyr.
- Ymwybyddiaeth gynyddol o ymyrraeth briodol.

Archebwch Eich Hyfforddiant Heddiw

I archebu un o'n cyrsiau, neu i ofyn am ragor o wybodaeth, cysylltwch â'n tîm cyfeillgar yn Learn@storicymru.org.uk neu [defnyddiwch y ffurflen ymholiadau ar ein gwefan](#). Byddwn yn hapus i'ch helpu i ddod o hyd i'r hyfforddiant sydd orau i'ch anghenion.