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DIOGELU PLANT CWM TAF

Diogelu Plant

Mae materion diogelu o bwys i bawb

Beth yw Diogelu?

Diogelu yw atal camdriniaeth neu esgeulustod tuag at blant a phobl ifainc, a diogelu'r rheini sydd wedi dioddef camdriniaeth neu esgeulustra.

Beth yw Camdriniaeth neu Esgeulustra?

Camdriniaeth yw pan fydd plentyn neu berson ifanc yn cael eu cam-drin neu eu niweidio. Gall camdriniaeth ddigwydd mewn sawl ffordd:

- **Camdriniaeth Gorfforol** - pan fydd oedolyn yn brifo plentyn yn fwriadol
- **Camdriniaeth Emosiynol** - er enghraifft os bydd plentyn yn cael y bai am rywbeth doedden nhw ddim wedi'i wneud neu os ydy rhywun yn eu galw'n dwp neu'n gwneud iddyn nhw deimlo'n anhapus
- **Camdriniaeth Rywiol** - pan fydd plentyn, er enghraifft, yn cael ei orfodi i gymryd rhan mewn gweithgareddau rhywiol neu i gymryd rhan mewn ffotograffau anweddus
- **Bwlio** - er enghraifft galw enwau, torri eiddo, dwyn, dweud pethau sy'n anwir neu seibr-fwlio
- **Trais Domestig** - pan fydd un oedolyn mewn teulu neu berthynas yn bygwth, bwlio neu frifo aelod arall o'r teulu
- **Camdriniaeth Ariannol** - os bydd rhiant neu gynhaliwr (gofalwr) yn defnyddio arian etifeddiaeth neu iawndal plentyn mewn modd sydd ddim yn cyfrannu at les y plentyn

Esgeulustod - methu â chwrdd ag anghenion sylfaenol plentyn, sy'n debygol o amharu ar eu lles. Enghraifft o sefyllfa fel hyn yw os fydd plentyn ddim yn cael digon i'w fwyta neu'n cael ei adael ar ei ben ei hun mewn sefyllfaoedd peryglus.

Beth ddylwn i ei wneud?

Os ydych chi'n amau bod plentyn neu berson ifanc mewn perygl uniongyrchol o niwed, ffoniwch **999** a siarad â'r Heddlu.

Os ydych chi wedi dioddef camdriniaeth (neu'n dal i ddioddef), neu os ydych chi'n tybio bod rhywun rydych chi'n eu hadnabod yn cael eu cam-drin, cysylltwch â'n Carfan Ymateb ar Unwaith ar:

Rhondda Cynon Taf:
01443 425006

Merthyr Tudful:
01685 725000

Oriau agor:
Dydd Llun - Dydd Gwener
8.30am - 5.00pm

Carfan ar Ddyletswydd ar gyfer Argyfyngau tu allan i oriau swyddfa:
01443 743665

Am ragor o wybodaeth ewch i:
www.cwmtafsafeguarding.org

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SAFEGUARDING CHILDREN BOARD

Safeguarding Children

Safeguarding is Everyone's Responsibility

GIG CYMRU NHS WALES
Bwrdd Iechyd Prifysgol Cwm Taf University Health Board

STRONG HERITAGE | STRONG FUTURE
RHONDDA CYNON TAF
TREFTADAETH GADARN | DYFODOL SICR

MERTHYR TYDFIL County Borough Council
Cyngor Bwrdeistref Sirol MERTHYR TUDFUL

Interlink Rhondda Cynon Taf

Gwasanaeth Prawf Cenedlaethol
National Probation Service

Cwmni Adsefydlu Cymunedol
Cymru Wales
Community Rehabilitation Company
PRAWF PROBATION

VOLUNTARY ACTION MERTHYR TYDFIL
GWEITHREDU GWIRFODDOL MERTHYR TUDFUL

Safeguarding – What is it?

Safeguarding is about preventing the abuse or neglect of children and young people and protecting those who have been subject to abuse or neglect.

What is Abuse and Neglect?

Abuse is when a child or young person is mistreated or harmed. Abuse can take many forms:

- **Physical -** when an adult deliberately hurts a child.
- **Emotional Abuse -** such as a child being unfairly blamed for something or told that they are stupid and made to feel unhappy
- **Sexual Abuse -** or example, where a child has been forced to take part in sexual activities or in the taking of inappropriate photos
- **Bullying -** such as calling names, damaging property, stealing, spreading rumours or cyber bullying
- **Domestic Violence -** when one adult in a family or relationship threatens, bullies or hurts another member of the family
- **Financial -** parent or care giver using a child's inheritance or compensation in a way that does not contribute to the child's wellbeing

Neglect - a failure to meet a child's basic needs, which is likely to result in an impairment of their wellbeing. An example of this would be a child not being looked after properly, not getting enough to eat or being left alone in dangerous situations.

What should I do?

If you suspect a child or young person is in immediate risk of harm call **999** and speak to the police.

If you have been, or still are a victim, or you know someone who you think is being abused, contact the First Response Team on:

Rhondda Cynon Taf:
01443 425006

Merthyr Tydfil:
01685 725000

Opening Hours:
Monday - Friday
8.30am - 5.00pm

Out of Hours Emergency Duty Team:
01443 743665

For further information please visit:
www.cwmtafsafeguarding.org

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