

BDPCTBWRDD
DIOGELU PLANT CWM TAF

MAE MATERION DIOGELU O BWYS I BAWB

CTSCBCWM TAF
SAFEGUARDING CHILDREN BOARD

SAFEGUARDING IS EVERYONE'S BUSINESS



Beth yw Diogelu?

Diogelu yw atal camdriniaeth neu esgeulustod tuag at blant a phobl ifainc, a diogelu'r rheini sydd wedi dioddef camdriniaeth neu esgeulustra.

Beth yw Camdriniaeth neu Esgeulustra?

Camdriniaeth yw pan fydd plentyn neu berson ifanc yn cael eu cam-drin neu eu niweidio. Gall camdriniaeth ddigwydd mewn sawl ffordd:

- **Camdriniaeth Gorfforol** - pan fydd oedolyn yn brifo plentyn yn fwriadol
- **Camdriniaeth Emosiynol** - er enghraifft os bydd plentyn yn cael y bai am rywbeth doedden nhw ddim wedi'i wneud neu os ydy rhywun yn eu galw'n dwp neu'n gwneud iddyn nhw deimlo'n anhapus
- **Camdriniaeth Rywiol** - pan fydd plentyn, er enghraifft, yn cael ei orfodi i gymryd rhan mewn gweithgareddau rhywiol neu i gymryd rhan mewn ffotograffau anwedus
- **Bwlio** - er enghraifft galw enwau, torri eiddo, dwyn, dweud pethau sy'n anwir neu seibr-fwlio
- **Trais Domestig** - pan fydd un oedolyn mewn teulu neu berthynas yn bygwth, bwlio neu frifo aelod arall o'r teulu
- **Camdriniaeth Ariannol** - os bydd rhiant neu gynhaliwr (gofalwr) yn defnyddio arian etifeddiaeth neu iawndal plentyn mewn modd sydd ddim yn cyfrannu at les y plentyn

Esgeulustod - methu â chwrdd ag anghenion sylfaenol plentyn, sy'n debygol o amharu ar eu lles. Enghraifft o sefyllfa fel hyn yw os fydd plentyn ddim yn cael digon i'w fwyta neu'n cael ei adael ar ei ben ei hun mewn sefyllfaoedd peryglus.

Beth ddylwn i ei wneud?

Os ydych chi'n amau bod plentyn neu berson ifanc mewn perygl uniongyrchol o niwed, ffoniwch **999** a siarad â'r Heddlu.

Os oes pryderon gennych chi ynghylch diogelwch plentyn neu berson ifanc, ffoniwch eich Carfan Diogelu leol ar y rhifau isod:

Rhondda Cynon Taf: 01443 425006**Merthyr Tudful / Merthyr Tydfil: 01685 725000****Tu Allan i Oriau Gwaith / Out of Hours: 01443 743665**

Os ydych chi eisiau rhoi gwybod am **ddigwyddiad lle does dim angen ymateb ar frys** ffoniwch **101**, sef rhif di-argyfwng 24 awr yr heddlu. Ffoniwch 101 pan fydd y digwyddiad yn llai pwysig na 999.

If you would like to report a **non-urgent incident** you can call **101**, the 24 hour non-emergency number for the police. Use 101 when the incident is less urgent than 999.

www.cwmtafsafeguarding.org

Safeguarding – What is it?

Safeguarding is about preventing the abuse or neglect of children and young people and protecting those who have been subject to abuse or neglect..

What is Abuse and Neglect?

Abuse is when a child or young person is mistreated or harmed. Abuse can take many forms:

- **Physical** - when an adult deliberately hurts a child.
- **Emotional Abuse** - such as a child being unfairly blamed for something or told that they are stupid and made to feel unhappy
- **Sexual Abuse** - or example, where a child has been forced to take part in sexual activities or in the taking of inappropriate photos
- **Bullying** - such as calling names, damaging property, stealing, spreading rumours or cyber bullying
- **Domestic Violence** - when one adult in a family or relationship threatens, bullies or hurts another member of the family
- **Financial** - parent or care giver using a child's inheritance or compensation in a way that does not contribute to the child's wellbeing

Neglect - a failure to meet a child's basic needs, which is likely to result in an impairment of their wellbeing. An example of this would be a child not being looked after properly, not getting enough to eat or being left alone in dangerous situations.

What should I do?

If you suspect a child or young person is at immediate risk of harm call **999** and speak to the police.

If you have concerns about the safety of a child or young person contact your local Safeguarding Team on the telephone numbers provided below: